



What plants are you wearing today?

Plant fibers – the threads of life

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Fiber, fiber , fiber





Information about 25
different fiber plants

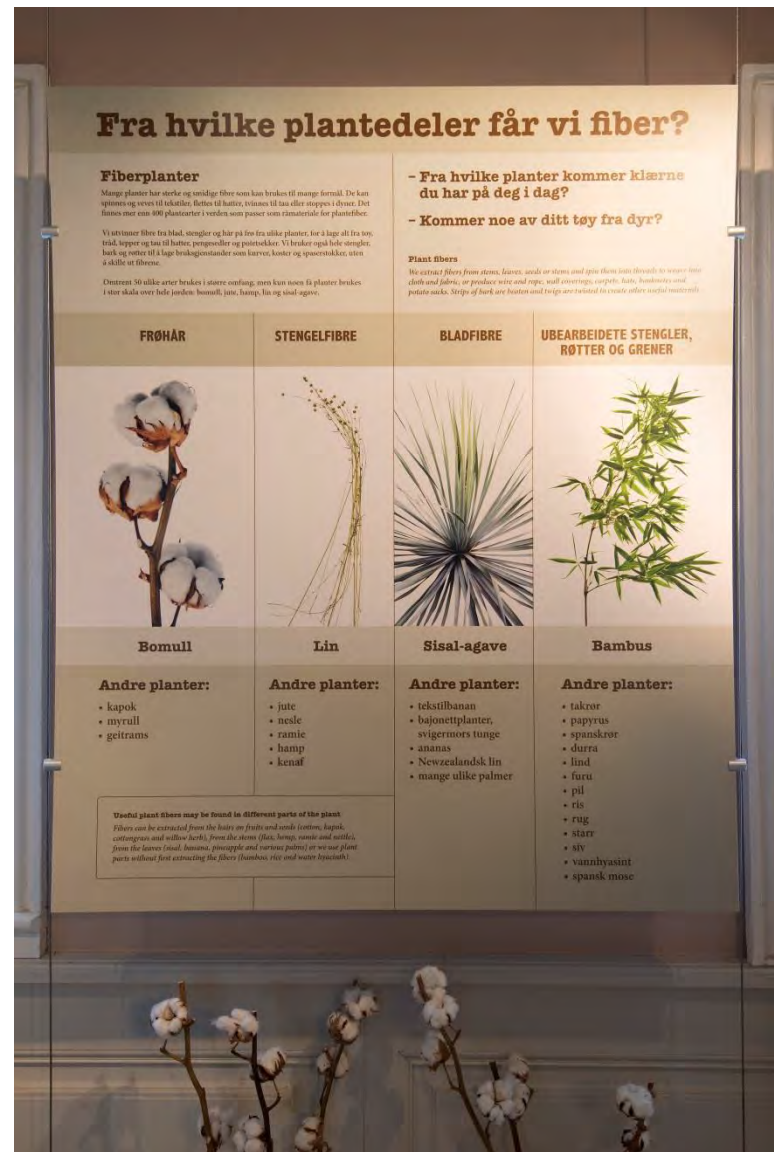


BORN IN THE U.S.A./BRUCE SPRINGSTEEN





Educational programmes
for all levels –
from age of 11 to adults –
+ visit to greenhouses





Demonstration of different methods of spinning flax



The opening event





Hand spinning and scutching



Rope making of *Tilia cordata* (lime)



Demonstration of retting, drying, treshing, breaking and heckling for educators from visiting Norwegian museums.





Learning by doing



Flax *Linum usitatissimum*



Stinging nettle *Urtica dioica*



Sisal *Agave sisalana*



Hemp *Cannabis sativa*



Unfortunately fiber hemp
(industrial hemp) is
forbidden to grow in
Norway.



Spanish moss *Tillandsia usneoides*



Native to the Americas, the epiphyte Spanish moss has been used for many purposes such as insulation, protective wrapping, and mattress stuffing.



Water hyacinth *Eichhornia crassipes*



Eichhornia crassipes is an aquatic plant native to the Amazon basin, and now considered a highly problematic invasive species outside its native range. Handbags, rope, paper – now: sanitary napkins!

Outdoor activities – how to dye



Outdoor activities, like: which rope is the strongest?



Plant fibers are fun!

