



# **Landscape Guide for Stormwater Best Management Practice Design**

**St. Louis, Missouri**

**Metropolitan St. Louis Sewer District • Missouri Department of Conservation  
Missouri Botanical Garden • Shaw Nature Reserve  
Missouri Department of Agriculture • Grow Native!**



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Figure 2: Courtesy of Mid-America Regional Council [www.marc.org](http://www.marc.org)

Figure 3: Sources: [www.rwmwd.org](http://www.rwmwd.org) and [www.ci.austin.tx.us/](http://www.ci.austin.tx.us/)

Figure 4 Source: Ellerbe Creek Watershed Association [www.ellerbecreek.org](http://www.ellerbecreek.org)

Figure 5-7: Source: Maryland Stormwater Design Manual

Figure 8 Source: Plants for Stormwater Design

Figures 9 and 10: Courtesy of Ted Spaid, SWT Design [www.swtdesign.com](http://www.swtdesign.com)



Figure 1: From left, *Aesculus pavia*, *Equisetum hyemale*, *Chleone obliqua*, Courtesy Missouri Botanical Garden Plantfinder

## 2. Introduction

In recent years interest has increased in the use of innovative methods to retain and treat stormwater. These methods, often called stormwater best management practices (BMPs), rely on natural processes, such as microbial activity, filtration, infiltration, denitrification, nutrient reduction and evapotranspiration, to attain water quality and water quantity goals. Although technical information is available on the design of many types of stormwater BMPs, less information is available on plant species appropriate for these systems.

This guide has been developed to assist designers through the process of selecting and planting native plant species appropriate for a variety of stormwater BMPs in St. Louis, Missouri. This guide is by no means a substitute for employing the proper professionals to ensure project success. It is broken down into seven major sections.

Section 1 provides an acknowledgement to the contributors. In Section 3, key factors in selecting plant material for stormwater landscaping are reviewed, including native species, invasive species, site preparation, planting design, plant selection and installation and management. Section 4 presents more specific guidance on landscaping criteria and plant selection for the following BMP design types:

- Wet Ponds
- Wetlands
- Infiltration Basins and Dry Swales
- Surface Sand Filters
- Bioretention and Organic Filters

Section 5 provides further plant selection considerations and Section 6 lists valuable local resources. The final section, Section 7 lists various plants specific for each BMP type outlined.

## 3. General Guidance

### Native Species

The Landscaping Guide for Stormwater Design requires the use of native plants in stormwater management facilities. Native plants are defined as those species that evolved naturally to live in this region. Native species are those that lived in Missouri before Europeans explored and settled in America and brought many common, but non-native species, with them. Many introduced species were weeds brought in by accident; others were intentionally introduced and cultivated for use as medicinal herbs, spices, dyes, fiber plants and ornamentals.

Because they have evolved to live here naturally, native plants are best suited for our local conditions. This translates into greater survivorship when planted and less replacement or maintenance during the life of a stormwater management facility. Both of these attributes provide cost savings for the facility owner. The deep root systems help develop pore space in the soil to promote infiltration of rainfall and sustain them during dry periods (See Figure 2). Natives also provide benefits to native wildlife such as birds and butterflies.

The list in this guide contains plants that are readily available and have proven suitability to these stormwater practices. Additional native plant species will be added as experience proves their adaptability and performance. Other non-invasive adaptive species will be considered for approval on a case by case basis.

Finally, many native species provide high aesthetic value important for public acceptance and maintenance of property value. For example, these species are part of Missouri's natural heritage and provide high aesthetic value throughout the year: arrowhead, buttonbush, culver's root, false dragonhead, giant bur-reed, river oats, cardinal flower, great blue lobelia, golden alexander, lizards tail, mountain mint, New England aster, palm sedge,

prairie blazing star, river oats, sneezeweed, softstem bulrush, square stem spike rush, stiff goldenrod, swamp milkweed, water canna, wild bergamot, southern blue flag iris and copper iris.

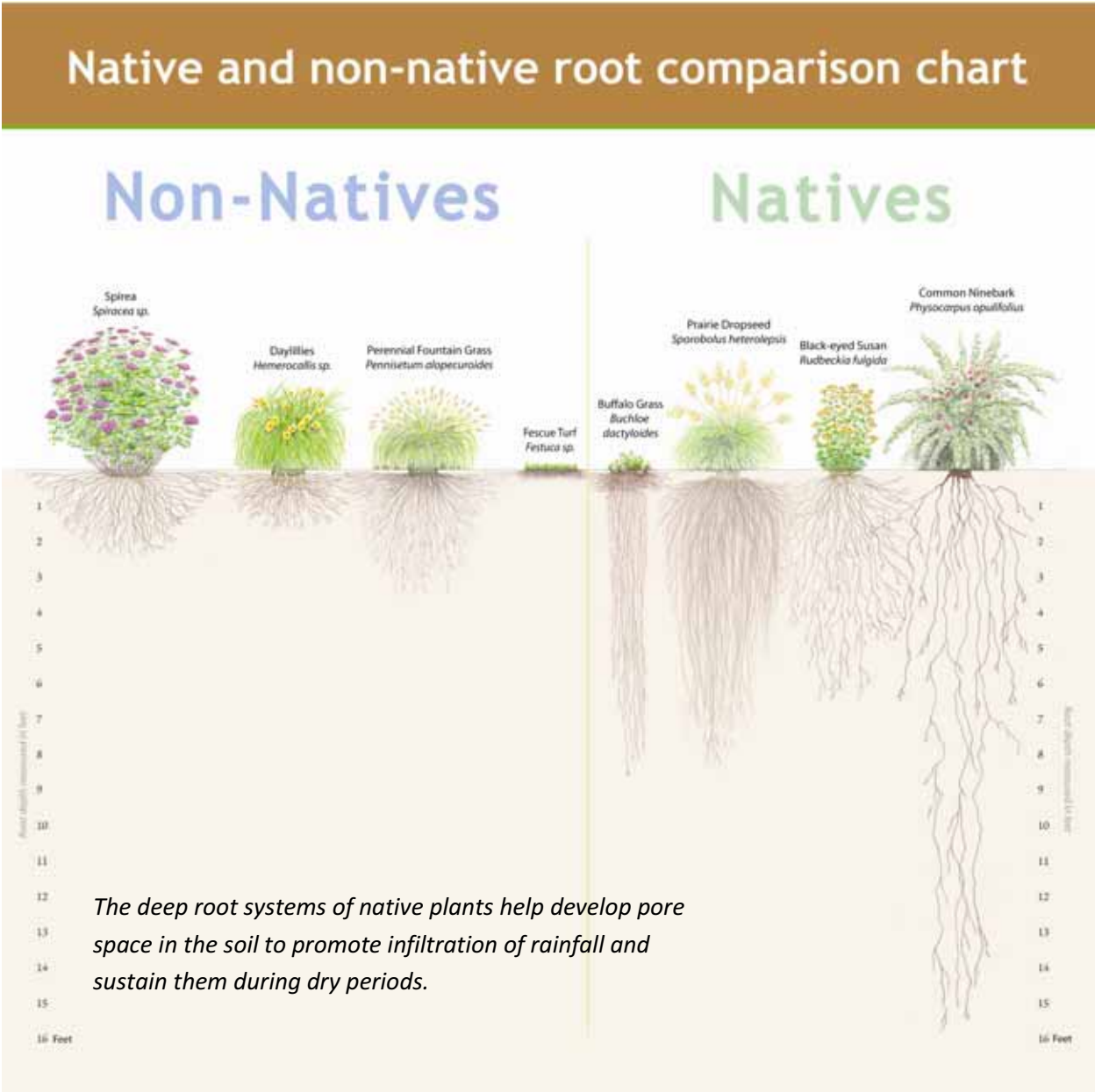


Figure 2: Native versus Non-Native Root Systems. Source: Mid America Regional Council of Governments

**Invasive Species**

Introduced species can escape cultivation and begin reproducing in the wild, causing significant damage to native ecosystems. This is ecologically significant because some species out-compete indigenous species and begin to replace them in the wild. Early detection and eradication is the best way to control invasive plants. Invasive species common to the region include:

- **Bush honeysuckle** (*Lonicera x bella*, *Lonicera maackii*). Shrub or bush honeysuckles were once touted for their red fruit and extended green season. They colonize in forest areas throughout the state, especially in metropolitan areas. Their aggressive behavior shades out native shrubs and wildflowers and their weak root system contributes to erosion problems.
- **Wintercreeper euonymous** (*Euonymous fortunei*). Brought from Asia as an ornamental groundcover, winter-creeper forms a dense ground cover and climbs on rocks and trees. It can eliminate spring wildflowers that would otherwise grow on the forest floor.
- **Garlic mustard** (*Alliaria petiolata*). A European native, it came to the United States for use as a culinary herb. Today it carpets forest floors, stealing space used by woodland wildflowers.

The invasive plants listed here are only a few of the aggressors. Information on exotic invasive species identification and management can be found at:

- Midwest Invasive Plant Network [www.mipn.org](http://www.mipn.org)
- Missouri Botanical Garden Shaw Nature Reserve  
<http://www.shawnature.org/nativeland/NativeLandscapingManual/ChapterThree.aspx>
- Missouri Department of Conservation [www.mdc.mo.gov/nathis/exotic](http://www.mdc.mo.gov/nathis/exotic)
- The Nature Conservancy <http://www.nature.org/initiatives/invasivespecies/>

### **Site Preparation**

**Test soil to determine if there is a need for amendments.** Proper soil nutrients promote planting success. Soil testing determines:

- pH; whether acid, neutral, or alkaline
- major soil nutrients; nitrogen, phosphorus, potassium
- minerals; such as chelated iron, lime

Have soil samples analyzed by experienced and qualified individuals, such as those at University of Missouri Extension (<http://extension.missouri.edu/stlouis/services.shtml>). A soil analysis explains the results, what they mean and what soil amendments are needed.

**If topsoil has been removed during construction, put it back in place.** Whenever possible, topsoil should be spread to a depth of four inches (two inch minimum) over the entire area to be planted. This provides organic matter and important nutrients for the plant material. Without topsoil, plants may not survive and any that do will be slow to establish. The use of imported planting, required in certain practices, allows vegetation to establish faster and roots to penetrate deeper. This ensures quicker and more complete stabilization, making it less likely that plants will wash out during a heavy storm. See Section 4 for soil specifications for planting soil.

**Minimize soil compaction and ensure compacted soils are loosened.** Soil compaction should be minimized, as it is very difficult to reverse. Compacted soils inhibit penetration of plant roots, reduce planting success and increase costs as vegetation will need to be replaced. In seeding applications, seeds will lie on the surface of compacted soils and be washed away or eaten by birds. For establishment success, soils should be loosened to a four-inch depth. Hard soils may require discing or subsoiling (deep plowing without turning the soil) to a deeper depth.

**Test soils on site for infiltration capacity.** Site soils should have the capacity sufficient to meet the desired BMP performance. Infiltration capacity is critical in determining the effectiveness and ultimately the success of an infiltration practice.

## **Planting Design**

**Make aesthetics and viewsheds a prime consideration.** Careful attention to the design and planting of a stormwater BMP can result in greater public acceptance and increased property value. Maintain and frame desirable views. Be careful not to block views at entrances, exits, or difficult road curves. Screen unattractive views into or from the site. Keep overhead utilities in mind when selecting plants to ensure the mature size will fit beneath the wires. Consider all key design issues when selecting plant material:

- Shape
- Color
- Texture
- Seasonal Interest (e.g., flowers, fruit, leaves, stems/bark)
- Growth Rate
- Mature Size

**Ensure trees and shrubs permit maintenance and inspection access.** Plant trees and shrubs at least 15 feet from the toe of slope of a dam or embankment. Limiting embankment plantings to herbaceous (non-woody) plants allows visibility for inspection for burrowing rodents that may compromise the integrity of the embankment. Plant trees and shrubs to allow access to the overflow riser.

**Stabilize key areas.** Use erosion control mats in channels that are subject to frequent wash outs. If permanent mats are used, ensure they remain embedded in soil to retain functionality, permit plant growth and protect wildlife. Stabilize emergency spillways with suitable material or plants that can withstand strong flows. Root material should be fibrous and substantial, but lack a taproot, when used on dams and embankments. Stabilize aquatic and safety benches with emergent wetland plants or seed mixes.

**Design aquatic features to prevent warming and pollutant inflows.** Shade inflow and outflow channels and the southern exposure of ponds to prevent thermal warming, which damages aquatic systems and is considered a pollutant. Buffer strips help prevent other pollutants from entering water bodies.

**When mulch is used, it should be standard landscape style, single or double shredded hardwood mulch.** The mulch layer should be free of other materials, such as weed seeds, soil, roots, etc. The mulch should be applied to a maximum depth of three inches. Grass clippings should not be used as a mulch. Alternatively, pea gravel or other similar natural gravel may be used.

**A “natural” (i.e. river-run) source of sand and gravel should be used.** Additionally, washed materials are needed to prevent fines from clogging the sand and gravel layers. The gradation of gravel selected should be large enough to prevent “wash-out” through the perforated pipe, but small enough to prevent the sand from migrating through the gravel.

## **Plant Selection**

**Preserve existing natural vegetation where possible.** Existing vegetation intercepts and infiltrates stormwater and can provide aesthetic benefits at little or no cost. Vegetation to be retained must be protected from construction damage by installing a construction fence and enforcing preservation. Construction equipment and stockpiled materials shall be kept away from vegetation to be retained and, in the case of trees, beyond the drip-line at a minimum.

**Select a diverse plant palette.** Diversity in plant materials provides aesthetic benefits in terms of structure, color and seasonal interest. By creating a diverse, dense plant cover, stormwater BMPs will be able to intercept and treat stormwater runoff and withstand urban stresses from insects, disease, drought, temperature, wind and exposure. Various root types (shallow, deep, fibrous, etc.) provide the best stability. Diverse plant types, i.e. trees, shrubs and herbaceous plants, intercept rainfall at multiple levels before it reaches the ground. A diverse

plant community also ensures that a disease, insect, or other problem does not completely wipe out the vegetation. Requirements in Section 7, the plant list, help achieve this goal.

**Minimize turf use.** Turf grass does little to prevent erosion. It functions much like an impervious surface as the root system is shallow and it provides little above-ground structure to intercept rainfall and slow stormwater runoff. It also requires intensive chemical applications and mowing that increases cost and exacerbates stormwater quality problems.

**Select plants carefully for cultural tolerances.** The plant lists in Section 7 are organized to make this process easy. Ensure plants are appropriate to their location in the stormwater BMP.

**Use salt tolerant plants and buffer stormwater BMPs where deicing salt is used heavily.** Roadways and parking lots in the Midwest are salted heavily during winter months. During melting and rainfall events, salt is washed into a stormwater system. Biesboer and Jacobson (1994) found salt concentrations were highest within three feet of the road and then rapidly declined within 30 feet. Most warm-season grasses were tolerant of conditions beyond 10 feet from the road. Native warm-season grasses germinate later in the season, after spring rains reduce the concentration of salts in the soil. Buffer strips should be used to reduce salt inflow into stormwater BMPs. The plant lists in Section 7 provide information on salt tolerance.

**Keep management requirements in mind.** Carefully consider the long term vegetation management strategy for the BMP, keeping in mind the maintenance legacy for the future owners. Avoid pushing the tolerances for plants to ensure their survival. Select plants that have a suitable form and mature size to minimize the need for trimming or replacement. Provide a planting surface that can withstand the compaction of vehicles using maintenance access roads.

### **Installation and Management**

**Provide water until plants become established.** Remember that newly installed plant material requires water to recover from the shock of being transplanted. Be sure that a source of water is provided, especially during dry periods. This will reduce plant loss and provide new plant material a chance to establish root growth. See Section 5 for planting, water and mulch requirements.

**Ensure soil to root contact.** When a site is mulched prior to planting, ensure container grown plants are installed directly into the soil and mulch is less than two to three inches deep. Mulch should not be tilled into the soil prior to planting because the mulch decomposition process will compete with plant nutrient needs.

**Establish plant cover as quickly as possible.** In all cases, seed mixes and plant material must be selected to establish ground cover as quickly as possible. Temporarily divert concentrated flows from planted or seeded areas until stabilized.

**Plan for the long-term.** Make sure the facility maintenance agreement includes requirements to ensure vegetation cover in perpetuity.

**Provide signage.** Use signage in Stormwater Management Areas to help educate the public. Signage helps guide the limits of mowing and encourages public support during the establishment period.

## **4. Stormwater Best Management Practices**

For the purpose of this guide, stormwater BMPs are grouped into five categories: wet ponds, wetlands, infiltration basins and dry swales, surface filters and bioretention and organic filters. This section provides a brief description of the types of stormwater BMPs and planting considerations for each.

## **Wet Ponds**

Wet ponds (including extended detention ponds, multiple pond systems and pocket ponds) are constructed stormwater retention basins designed to retain a permanent pool of water. Wet ponds are generally located on-line, meaning in the flow-path of the runoff. Stormwater from each runoff event is detained in the wet pond until displaced by a subsequent event. The permanent wet pond provides for sedimentation, which removes metals, nutrients, sediment and organics from stormwater. Biological uptake of pollutants and nitrogen is provided by vegetation in and around the pond. Wet ponds are suitable for sites with high nutrient loads.



*This wet pond lies between an elementary school and a high school in Oakdale, Washington. The perimeter of the pond was planted by volunteers with emergent, wet meadow and prairie species, shrubs and trees. The project was a cooperative effort between the Ramey-Washington Metro Watershed District and the school district. The area is used as part of the environmental education program for elementary and high school students.*

*Facing rapid growth, Austin, Texas recognized the importance of protecting their water supply and environmentally sensitive watersheds, leading to the creation of the development zones designed to direct development away from sensitive areas and drinking water sources. The wet pond in Austin's Central Park is one of the stormwater practices implemented in a 39-acre mixed use development created under the new regulations.*



Figure 3: Wet Ponds, Oakdale, WA (upper left), Source: [www.rwmwd.org](http://www.rwmwd.org), Austin, TX Source: [www.ci.austin.tx.us/](http://www.ci.austin.tx.us/)

Wet ponds should include safety and aquatic benches to add areas for plant growth that aid in biological uptake, evapotranspiration and provide wildlife habitat. Vegetation may also act as a barrier to keep children away from open water areas, or as a screen. Wet ponds often fill quickly and then slowly decrease in water level. As a result, wet ponds may experience significant water fluctuations after storms and plants must be chosen that can handle these conditions. Species suitable for planting in wet ponds are included in Section 7, Plant Lists, of this document.

## **Wetlands**

The use of wetlands for the treatment of stormwater runoff stems from earlier attempts to use wetlands for wastewater treatment and flood control. Given that natural wetlands provide flood control, surface water storage, groundwater recharge and natural filtration, it may be tempting to turn to natural wetlands to provide treatment for stormwater pollutants. However, directing stormwater to natural wetlands damages the hydrology and functioning of the wetland. Wetlands perform a critical role in our natural systems and an estimated 87% of Mis-

souri wetlands were lost by the mid- 1980's, 53% nationwide (Dahl, 1990). As a result, environmental and permitting requirements exist to preserve our remaining natural wetlands. Therefore, artificial or constructed wetlands are required for use in stormwater treatment.



Figure 4: Stormwater Wetland, Ellerbee Creek, North Carolina Source: [www.ellerbeecreek.org](http://www.ellerbeecreek.org)

Like their natural counterparts constructed wetlands offer natural aesthetic qualities, wildlife habitat, erosion control and pollutant removal. Wetlands may be used alone or in conjunction with other BMPs. It is very important that a sufficient supply of water be provided to ensure proper functioning of the wetland. Like wet ponds the water surfaces in wetlands may vary considerably. As a result, plants must be chosen that can handle these conditions. Species suitable for planting in wetlands are included in Section 7, Plant Lists, of this document.

### **Infiltration Basins and Dry Swales**

Infiltration basins take advantage of existing permeable soils to provide groundwater recharge. In an infiltration basin a given runoff volume is captured and allowed to infiltrate into the ground and be lost to evapotranspiration. Pollutants are removed as water flows through the soil and by bacterial action. In some instances where permeability is great, these facilities are used for quantity control as well.

When properly planted, vegetation thrives and enhances the functioning of these systems. For example, pre-treatment buffers trap sediments which often are bound with phosphorous and metals. Vegetation planted in the facility takes up nutrients and their roots provide arteries for stormwater to permeate soil for groundwater recharge. Finally, successful plantings provide aesthetic value and wildlife habitat making these facilities desirable to the public.

Dry swales are open, vegetated channels that are designed to filter and slow stormwater. Check dams are often used to detain water and settle pollutants. These swales are often used along roadways. If the existing soils are not sufficiently permeable, more permeable soils may be added. If a BMP is likely to receive high levels of deicing salt, salt tolerant plants should be used.

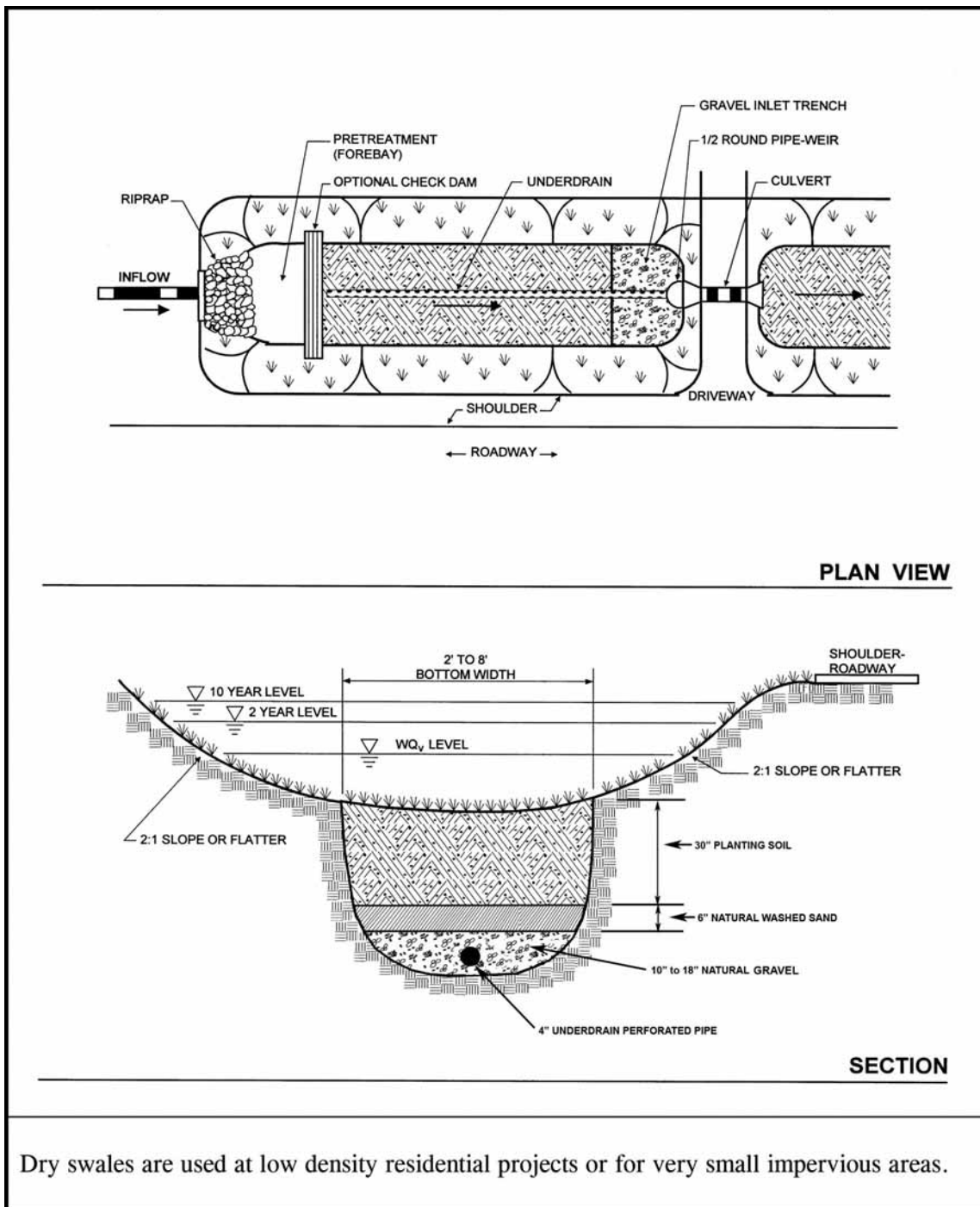


Figure 5: Dry Swale

Source: Maryland Stormwater Design Manual

Where areas will be inundated or saturated with water, particular attention should be paid to plant selection. Deep-rooted plants may be particularly effective in these situations as they will encourage infiltration. Species suitable for planting in infiltration basins and dry swales are included in Section 7, Plant Lists, of this document.

**Surface Sand Filters**

Surface filters (including pocket sand filters) include a permeable medium such as sand for stormwater quality control. One of the main advantages of sand filters is their adaptability. They can be used on areas with low-soil infiltration rates, high evaporation rates and hot-spots. Sand filters for stormwater runoff treatment have been used extensively in some mid-Atlantic states and even longer in Austin, Texas.

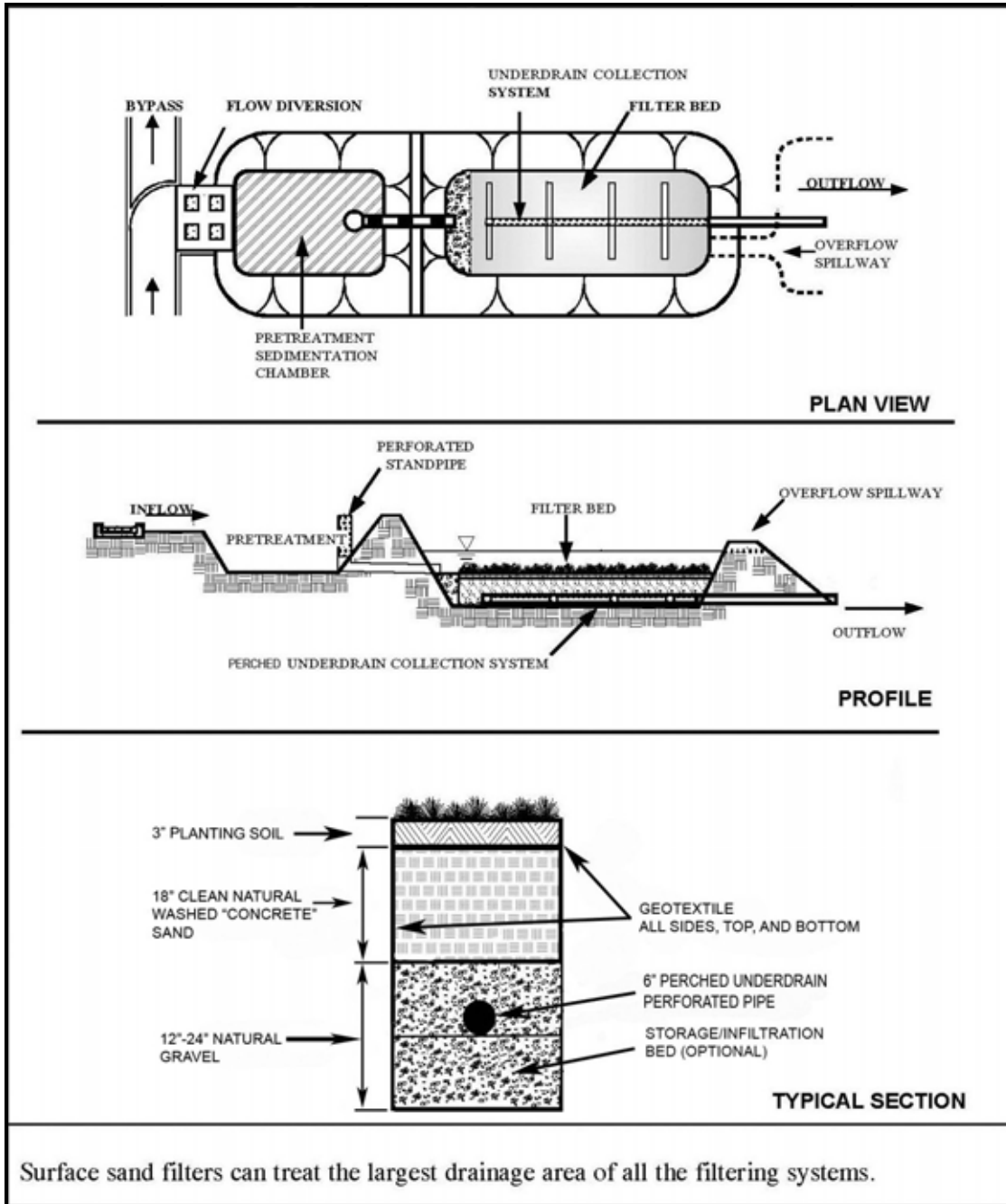


Figure 6: Surface Sand Filter

Source: Maryland Stormwater Design Manual

Given the small planting soil cover utilized in most vegetated surface sand filters, particular attention should be paid to the plants used. The planting soil layer may not include significant clay content that would hinder infiltration. Species suitable for planting in surface sand filters are included in Section 7, Plant Lists, of this document.

**Bioretention and Organic Filters**

Bioretention areas and organic filters are attractive landscaping features planted with perennial native plants. They are designed to absorb stormwater run-off from impervious surfaces such as roofs and parking lots. These BMPs can be used in settings from residential landscapes to “big box” sites, or anywhere in between. They

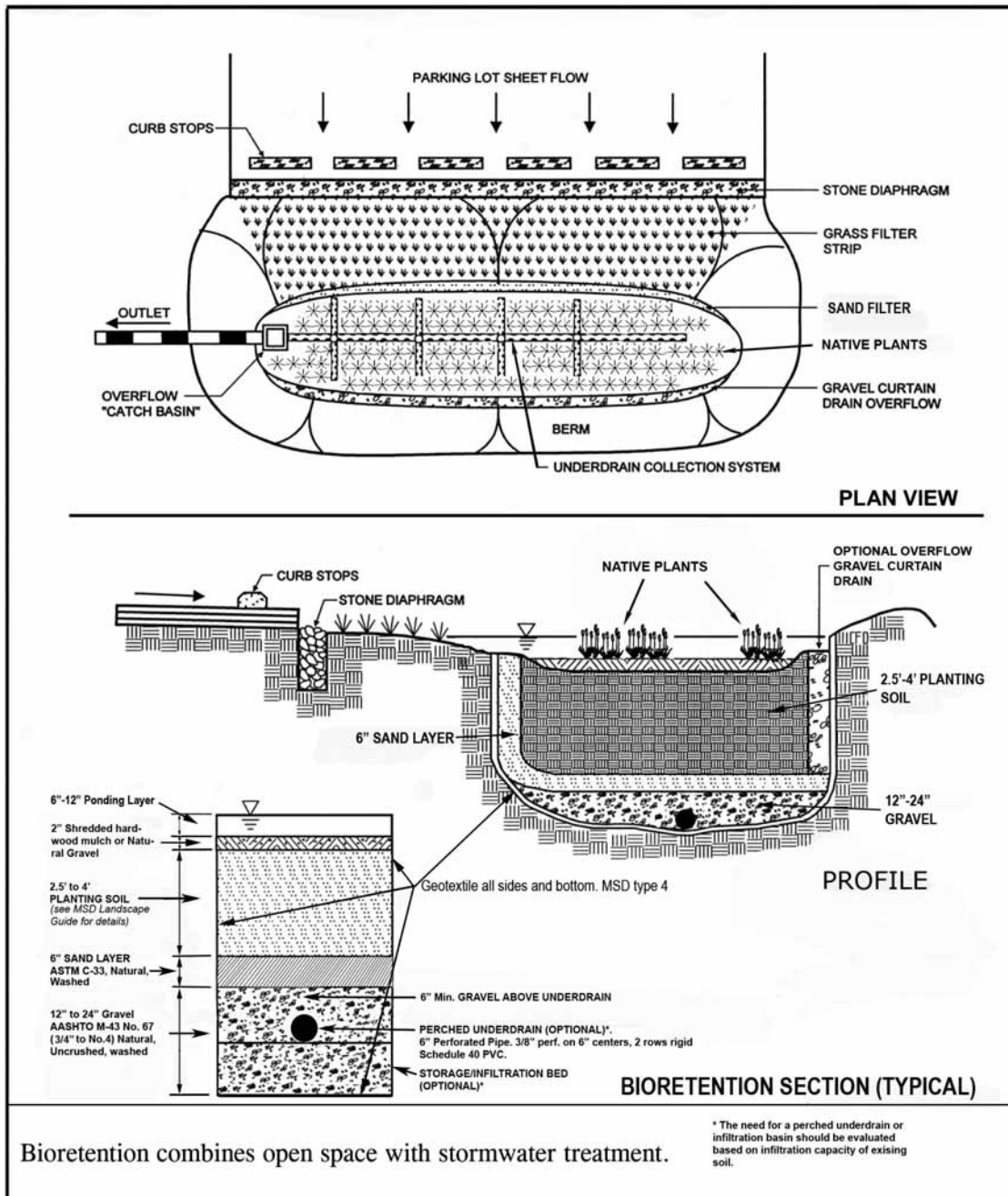


Figure 7: Bioretention Details

Source: Maryland Stormwater Design Manual

should not be confused with rain gardens promoted for homeowner installation, which are beneficial but do not involve rigorous engineering to meet stormwater standards.

Bioretention areas are generally designed with underdrains. However, where proper infiltration testing indicates an infiltration rate greater than 0.52 inches per hour, consideration may be given to eliminating underdrains or limiting their use. Given this practice would encourage groundwater infiltration, it should be carefully considered and where possible encouraged. In areas where significant infiltration is possible, or it is desired to limit the use of underdrains, the underdrains may be perched as shown in Figure 7.

The characteristics of the soil for the bioretention facility are perhaps as important as the facility location, size and treatment volume. The soil must be permeable enough to allow runoff to filter through the media, while having characteristics that promote and sustain a robust vegetative cover crop. In addition, much of the nutrient pollutant uptake (nitrogen and phosphorus) is accomplished through absorption and microbial activity within the soil profile. Therefore, the soils must balance soil chemistry and physical properties to support biotic communities above and below ground.

The planting soil should be a sandy loam or loamy sand (should contain a minimum of 35 to 60 percent sand, by volume). The clay content for these soils should be less than 10 percent by volume. A permeability of at least 1.0 feet per day (0.5 inches per hour) is required (a conservative value of 0.5 feet per day is used for design). The soil should be free of stones, stumps, roots, or other woody material over 1 inch in diameter. For best results, brush or seeds from noxious weeds, such as Johnson grass, mugwort, nutsedge and Canadian thistle should not be present in the soils. Placement of the planting soil should be in lifts of 12 to 18 inches, loosely compacted (rubber-wheeled heavy equipment and mechanical tamping devices are not recommended for compaction). The specific characteristics are presented in the following table.

Table 1: Planting Soil Characteristics. Source: Maryland Stormwater Manual

Parameter	Value
pH range	5.2 to 8.00
Organic matter	1.5 to 5.0%
Magnesium	35 lbs. per acre, minimum
Phosphorus (P <sub>2</sub> O <sub>5</sub> )	75 lbs. per acre, minimum
Potassium (K <sub>2</sub> O)	85 lbs. per acre, minimum
Soluble salts	≤ 500 ppm

The mulch layer plays an important role in the performance of the bioretention system. It helps maintain soil moisture and avoids surface sealing that reduces permeability. Mulch helps prevent erosion and provides a microenvironment suitable for soil biota at the mulch/soil interface. It also serves as a pretreatment layer, trapping the finer sediments that remain suspended after the primary pretreatment.

The mulch layer should be standard landscape style, single or double shredded hardwood mulch. The mulch layer should be free of other materials, such as weed seeds, soil, roots, etc. The mulch should be applied to a maximum depth of three inches. Grass clippings should not be used as a mulch. Alternatively, pea gravel or other similar natural gravel may be used.

A “natural” (i.e. river-run) source of sand and gravel should be used. Materials must be washed to prevent fines from clogging the sand and gravel layers.

Bioretention areas and organic filters are full of water during storms and dry out during dry weather. The plants recommended in this guide generally tolerate both extremes. Species suitable for planting in bioretention areas and organic filters are included in Section 7, Plant Lists, of this document.

## 5. Plant Selection Considerations

### Landscape Zones

Hydrology is a critical factor in plant success in stormwater practices. Plant species have evolved to tolerate particular hydrologic conditions. Matching plants with the right tolerances to the conditions created on a site is key.

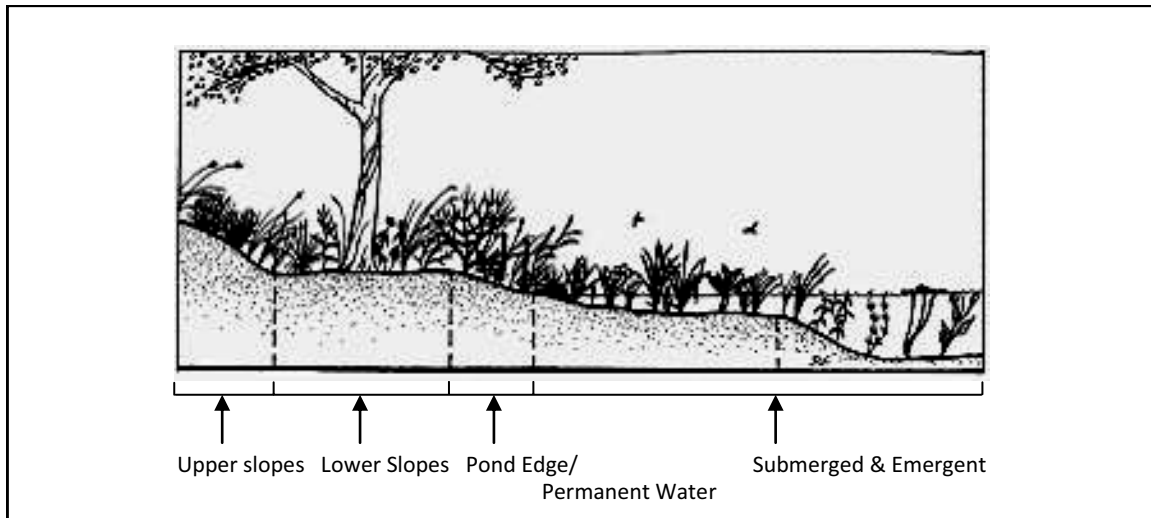


Figure 8: Landscape Zones Source: Plants for Stormwater Design

Table 2: Landscape Zone Descriptions

Landscape Zone	Conditions
Submerged & Emergent	1-6 feet deep permanent pool
Pond Edge & Permanent Water	6 inches to 1 foot deep
Lower slopes	Infrequently inundated
Upper Slopes	Seldom or never inundated
Over Sand	Periodically inundated but rapidly drained

BMPs create a variety of conditions, some of which mimic natural landscapes while others are highly artificial. This manual categorizes those conditions into six landscape zones or conditions. These zones describe the presence of water, from inundated areas to dry upland slopes.

Section 7 includes native plant lists organized by stormwater practice. The lists indicate the appropriate landscape zone(s) for each species. The plants have been selected to tolerate potentially wide fluctuations in conditions which occur in a stormwater BMP.

**Submerged & Emergent** - The submerged zone is found in areas of 3 to 6 feet of water in wet ponds. Submergent species may float free in the water column or may root in the pool bottom and have stems and leaves that generally stay under water. Submergent species are important for wildlife habitat and pollutant removal, especially nitrates and phosphorus. The emergent zone of a wet pond is generally 0 to 18 inches deep. This natural community is often created as benches within ponds to optimize the area for emergent plants.

Emergent plants are important for wildlife and evapotranspiration. They also provide habitat for phytoplankton, which play an important role in nutrient removal (Ogle and Hoag 2000). A wide variety of wetland species are adapted to the emergent zone.

**Pond Edge & Permanent Water** – The pond edge is a constantly moist area that can become inundated. The transition area between open water and the shoreline is prone to erosion. Therefore, it is an important area for plant establishment.

**Lower Slopes** – This zone is normally dry but may flood during snowmelt and after large storms. These areas face the challenges of overlaying native soils which may have high clay content and potentially swinging between high moisture content during wet seasons and extended dry periods.

**Upper Slopes** – The upper slopes are seldom or never inundated. A wide variety of species are well adapted to these dry conditions.

**Over Sand** – Plants over sand filter face significant challenges. Soil depth is limited, creating challenges for sufficient nutrient availability. The distinct layers between the soil and sand causes short-term saturation in the soil layer followed by extremely droughty conditions.

**Planting, Water and Mulch Requirements for Stormwater BMPs**

Table 3: Planting, Water and Mulch Requirements

Water Availability	Required Planting Period	Minimum Container Size	Water Requirement First 3 Weeks*	Water Requirement After 3 Weeks*	Maximum Mulch Depth****
No ability to water after initial planting	Late Feb. – April only	2.25" x 3.75" or larger (plug)	Water each plug immediately after planting**		1.5 for plugs
Manual watering with standard sprinkler	Late Feb. – Early June Sept. – October	4.5" x 5" (quart) or larger in summer & fall	1" (60 min) every 4 days	1" (60 min) every 7 days until plants established***	1.5" for plugs 2.5" for quarts
Automatic irrigation (set to water more frequently than normal during first two months after planting)	Late Feb. – Early Oct.	2.25" x 3.75" (plug) or larger in spring 4.5" x 5" (quart) or larger in summer & fall	1" (60 min) every 4 days in spring and fall 1" (60 min) every 3 days in summer	1" (60 min) every 7 days until plants established***	1.5" for plugs 2.5" for quarts

*\*This water amount includes natural rainfall. If you get a ½ inch of natural rain then you will need to add a ½ inch of water to meet the 1 inch requirement.*

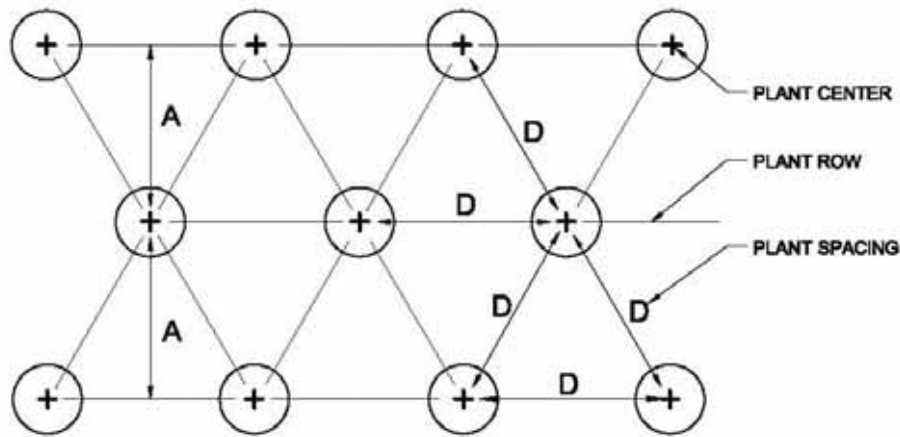
*\*\*Requires transport of water to the planting site in large containers and pouring enough water onto each plant (after planting) to moisten the entire planting pit.*

*\*\*\*Plants are established when roots have grown out of the container soil and into the native soil by 3-5 inches. This normally takes 3-4 months for most perennials and grasses and up to 6-7 months for trees and shrubs.*

*\*\*\*\*Shredded leaf compost is recommended for use with perennials and grasses. Shredded bark mulch is recommended for tree and shrub plantings at a depth of 3 inches.*

SPACING "D"	ROW "A"	NUMBER OF PLANTS/SQ. FT.
30"	26"	.180
24"	20.6"	.25
18"	15.6"	.450
15"	13.0"	.640
12"	10.4"	1.00
10"	8.66"	1.44
8"	6.93"	2.25

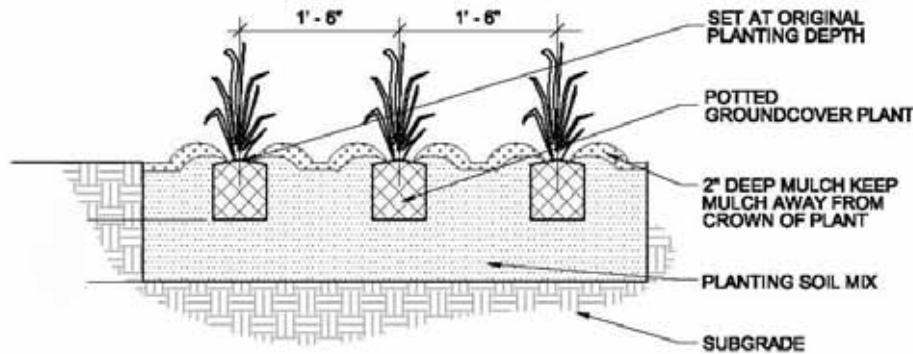
NOTE: PLANT QUANTITIES WERE DETERMINED BY MULTIPLYING AREA (SQ. FT.) BY NUMBER OF PLANTS/SQ. FT. FOR REQUIRED SPACING.



Quantity of plants as noted in planting schedule.

**GROUND COVER SPACING**

SEE PLANTING LIST FOR PLANT SPACING



**NOTES:**

1. REMOVE SPENT FLOWERS PRIOR TO PLANTING.
2. LOOSEN ROOT MASS AT BOTTOM OF ROOTBALL.
3. TOP OF ROOTBALL STRIPPED OF 1/4" SURFACE GROWING MEDIA AND COVERED WITH 1/4" LANDSCAPE BED MIX PLUS SURFACE MULCH.



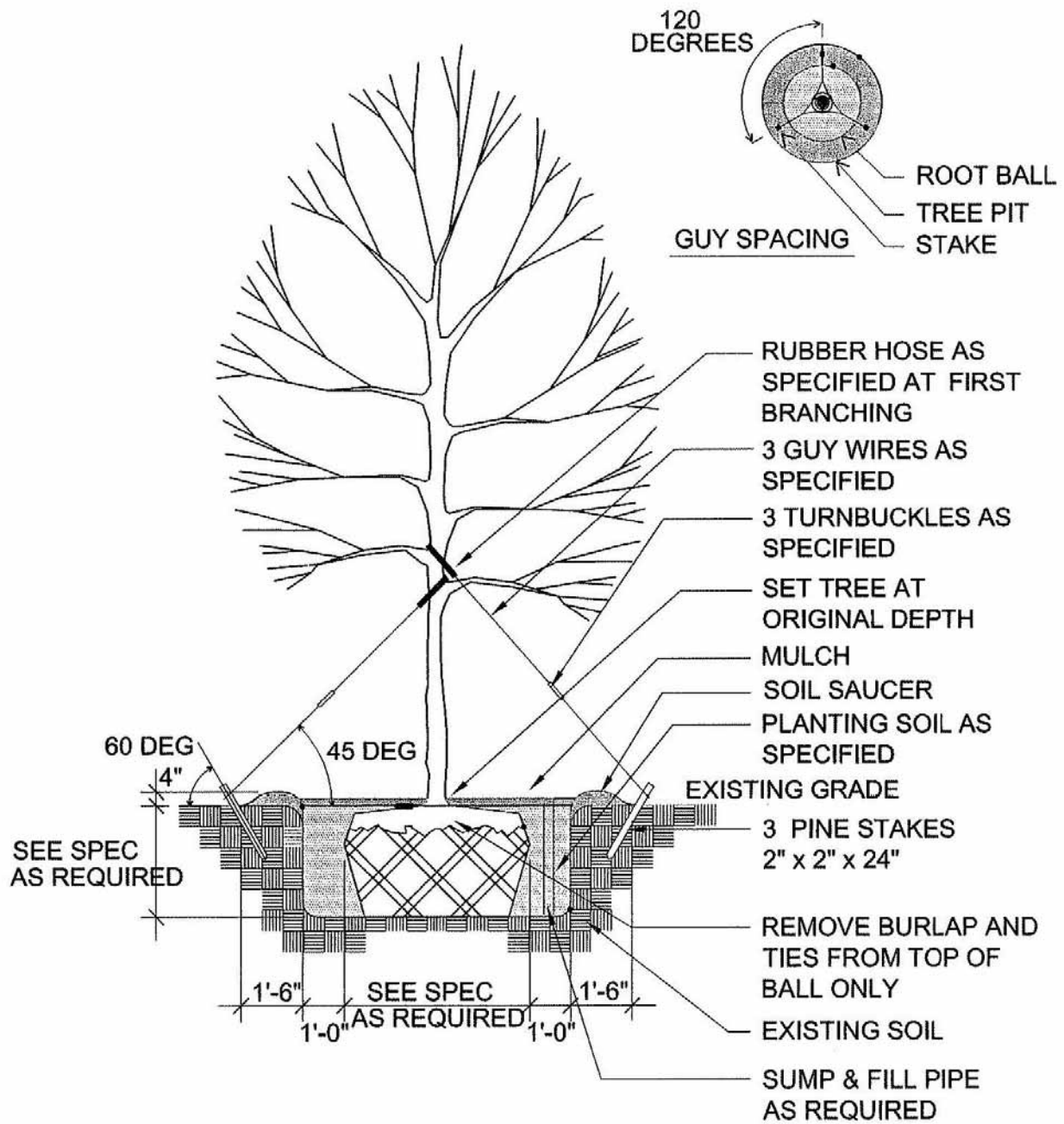
**Plant Spacing Plan**

N.T.S.

Planting Detail Courtesy of Ted Spaid  
SWT Design, St. Louis, MO



Figure 9



**A** TREE PLANTING DETAIL

NOT TO SCALE

Figure 10

Tree Planting Detail Courtesy of Ted Spaid. SWT Design, St. Louis, Mo.



## 6. Resources

### Native Plant Nurseries

For an up-to-date list of native plant sources, go to [www.grownative.org](http://www.grownative.org)

### Web Site Resources

Environmental Protection Agency [www.epa.gov/nps/lid/](http://www.epa.gov/nps/lid/)

Grow Native! [www.grownative.org](http://www.grownative.org)

Hinkson Creek Watershed [www.helpthehinkson.org](http://www.helpthehinkson.org)

Shaw Nature Reserve [www.shawnature.org](http://www.shawnature.org)

Show Me Raingardens [www.showmeraingardens.com](http://www.showmeraingardens.com)

Ten Thousand Rain Gardens [www.rainkc.com](http://www.rainkc.com)

### Publications

#### *Aquatic and Wetland Plants of Missouri*

By Daniel L. Combs and Ronald D. Drobney. U.S. Fish and Wildlife Service; University of Missouri Columbia, MO 65211

#### *LID for Big Box Retailers.*

Low Impact Development Center, 2005. PDF available at [www.lowimpactdevelopment.org/bigbox/#bbpdfs](http://www.lowimpactdevelopment.org/bigbox/#bbpdfs)

#### *Native Plant Rain Gardens brochure.*2004.

Grow Native! Missouri Department of Conservation

#### *Prairie Raingardens: Joining Habitat Restoration and Watershed Health*

By Scott Hamilton. Winter 2005. Missouri Prairie Journal Vol. 26, Number 1. Pg. 12-17.

#### *Rain Gardens*

By Janet Marinelli. Spring 2004. Brooklyn Botanic Garden Plants & Gardens News, Vol. 19, Number 1

#### *Rain Gardens – A How-to Manual for Homeowners*

By Roger Bannerman and Ellen Considine. 2003. Univ. of Wisconsin-Extension and Wisconsin Dept. of Natural Resources . PDF available at <http://www.dnr.state.wi.us/runoff/rg/>

#### *Raingardens: Managing Water Sustainability in the Garden and Designed Landscape*

By Nigel Dunnnett and Andy Clayden Timberpress 2007.

#### *Water Plants for Missouri Ponds*

By James R. Whitley, Barbara Bassett, Joe G. Dillard and Rebecca A. Haefner. 1999. Missouri Department of Conservation

## 7. Stormwater Plant List

### Plant Lists

The following pages present grasses, sedges, forbs, shrubs and trees native to Missouri and suitable for planting in stormwater BMPs. The lists are intended as a basic guide for general planting purposes and planning considerations. Knowledgeable landscape architects, designers and nursery suppliers may provide additional information for considering specific conditions for successful plant establishment and accounting for the variable nature of stormwater hydrology.

The plants in these lists were selected to be readily available in the nursery trade. Often overlooked in plant selection is the availability and the cost of plant material. There are many plants listed in landscape books that are not readily available from local nurseries. Without knowledge of what is available, time spent researching and finding the one plant that meets all the needs is wasted.

The planting lists are organized by stormwater BMP, then by plant type – grasses/sedges, forbs and trees/shrubs – and, finally, in alphabetical order according to the scientific name, with the common name provided. The lists are in Microsoft Excel to make sorting and creation of project plant lists easy. Each plant species has a corresponding landscape zone noted to indicate the most suitable planting location or locations for successful establishment.

Where the frequency, depth or duration of flooding that a plant will tolerate is known, that information is provided. Pollution tolerance and salt tolerance information are indicated to identify plantings that would be most appropriate in pollution hot spots. Because individual plants often have unique requirements difficult to convey in a general listing, additional research is recommended to ensure successful plant establishment.

Because of the limited area for which this plant list is to be used, hardiness zone information is not provided. All plants on the list are hardy in the St. Louis Region.



Figure 11: From left: *Cephalanthus occidentalis*, *Iris fulva*, *Coreopsis lanceolata* Courtesy Missouri Botanical Garden Plantfinder



Latin Name	Grasses/Sedges	Common Name	Seasonal Interest - Color and Months												Sun	P. Shade	M. Shade	Wet	Birds	Butterflies	Fall Color	Winter Interest	Flood Height Tolerance	Flood Duration Tolerance	Salt Tolerance	Aggressiveness	Silt Tolerance								
			J	F	M	A	M	J	J	A	S	O	N	D																					
			Swamped & Emergent (water depth in feet)	Lower slopes	Upper slopes	Spacing (feet)	Height (feet)	Seasonal Interest - Color and Months												Sun	P. Shade	M. Shade	Wet	Birds	Butterflies	Fall Color	Winter Interest	Flood Height Tolerance	Flood Duration Tolerance	Salt Tolerance	Aggressiveness	Silt Tolerance			
			Over sand	Lower slopes	Upper slopes	Spacing (feet)	Height (feet)	J	F	M	A	M	J	J	A	S	O	N	D	Sun	P. Shade	M. Shade	Wet	Birds	Butterflies	Fall Color	Winter Interest	Flood Height Tolerance	Flood Duration Tolerance	Salt Tolerance	Aggressiveness	Silt Tolerance			
Carex annectans	X	Yellow fruited sedge	X	X	X	2-3	1.5	tan												X	X	X	X	X	X	H	12	3	L						
Carex grayi	X	Bur sedge	X	X	X	1-2	1.5	tan												X	X	X	X	X	X	M	12	2	L	M					
Carex grinita	X	Fringed sedge	X	X	X	2-3	1.5	brown												X	X	X	X	X	X	H	12	3	U	L					
Carex muskingumensis	X	Palm sedge	X	X	X	2-3	1.5	tan												X	X	X	X	X	X	H	24	3	M	M					
Carex vulpinoidea	X	Fox sedge	X	X	X	2-3	1.5	tan												X	X	X	X	X	X	H	24	3	L	L					
Chasmanthium latifolium	X	River oats	X	X	X	2-5	1.5	green												X	X	X	X	X	X	M	12	1	H						
Juncus effusus	0-1	Soft rush	X	X	X	2-3	1.5	green												X	X	X	X	X	X	H	24	4	L	M	M				
Scirpus atrovirens	X	Great green bullrush	X	X	X	2-3	1.5	green												X	X	X	X	X	X	M	12	3	L						
Spartina pectinata	X	Prairie cordgrass	X	X	X	4-5	2.5	green												X	X	X	X	X	X	H	36	5	H	H					
<b>Forbs</b>																																			
Amsonia illustris	X	Shining bluestar	X	X	X	2-3	2.5	lt. blue												X	X	X	X	X	X	H	36	5	L	H					
Asclepias incarnata	X	Marsh milkweed	X	X	X	2-4	2	pink												X	X	X	X	X	X	M	18	3	M	M					
Chelone obliqua	X	Rose turtlehead	X	X	X	3-4	2	rose/purple												X	X	X	X	X	X	M	12	1	M						
Equisetum hyemale	X	Horsetail	X	X	X	2-4	2.5	green												X	X	X	X	X	X	H	36	5	H	H					
Eupatorium coelestinum	X	Mist flower, wild ageratum	X	X	X	1-2	1.5	lavender												X	X	X	X	X	X	H	12	3	M	H					
Helenium autumnale	X	Sneezeweed	X	X	X	3-4	2	yellow												X	X	X	X	X	X	M	18	3	M	M					
Hibiscus lasiocarpus	X	Rose mallow	X	X	X	3-7	2.5	white/pink												X	X	X	X	X	X	H	36	5	M	M					
Iris fulva	X	Copper iris	X	X	X	2-3	1.5	copper												X	X	X	X	X	X	M	12	1	M	M					
Iris virginica	X	Southern blueflag iris	X	X	X	2-3	2	blue												X	X	X	X	X	X	H	36	4	M	M					
Lobelia cardinalis	X	Cardinal flower	X	X	X	2-3	1.5	red												X	X	X	X	X	X	H	18	5	L	M	U				
Mimulus ringens	X	Allegheny monkey flower	X	X	X	1-2	1.5	lavender												X	X	X	X	X	X	M	24	1	M						
Monarda fistulosa	X	Wild bergamont	X	X	X	3-4	2	pink												X	X	X	X	X	X	L	12	1	M	M					
Penstemon digitalis	X	Smooth beard-tongue	X	X	X	2-3	1.5	white												X	X	X	X	X	X	M	12	1	M	M					
Phlox paniculata	X	Meadow phlox	X	X	X	3-4	1.5	purple/pink												X	X	X	X	X	X	L	12	1	M						
Rudbeckia subtomentosa	X	Sweet coneflower	X	X	X	3-4	2	yellow												X	X	X	X	X	X	H	12	2	M						
<b>Trees/Shrubs</b>																																			
Asimina triloba	X	Paw paw	X	X	X	15-25	15	purple												X	X	X	X	X	X	H	36	5	L	M	H				
Crataegus viridis	X	Green hawthorne	X	X	X	15-20	15	white												X	X	X	X	X	X	M	12	1	H	L					
Ilex verticillata	X	Winterberry holly	X	X	X	5-10	10	red												X	X	X	X	X	X	H	12	3	L	M					
Nyssa sylvatica	X	Black gum	X	X	X	40-50	25	red												X	X	X	X	X	X	L			H	L					

**Requirements**

Local Ecotype Rule: Plants of Missouri or Southern Illinois ecotype are required. Must use a minimum of 5 grass/sedge species and 8 forb species for each BMP. It is recommended that this list be provided to landscape contractors/buyers in case substitutions are required. Each species must consist of between 5% - 15% of the total plant count for each BMP. Refer to Planting, Water, and Mulch Requirements for Stormwater BMP's for plant sizes and irrigation requirements. Biodegradable erosion blanket must be used on slopes greater than 10%. Erosion blankets must be coarse to allow varying leaf sizes (examples include Geojute, Curlex #1 and NorthAmerican Green S75 single net straw blanket, or equivalent)

\*Experimental for practice and/or limited availability in commercial trade









Metropolitan  
St. Louis  
Sewer District



MISSOURI  
BOTANICAL  
GARDEN



*Serving nature and you*



**SHAW**   
NATURE RESERVE

