

Nectar Plants for Butterflies:

These plants are especially attractive to butterflies, though most of them attract and support a range of native pollinators.



Buckeye on
Common Milkweed



Gray Hairstreak on Sedum



American Lady on
Anise Hyssop



Monarch on
Swamp Milkweed

Bee Balm

Monarda bradburiana

Lanceleaf Coreopsis

Coreopsis lanceolata

Golden Alexander

Zizia aurea

New Jersey Tea

Ceanothus americanus

Swamp Milkweed

Asclepias incarnata

Common Milkweed

Asclepias syriaca

Yellow Coneflower

Ratibida pinnata

False Sunflower

Heliopsis helianthoides

Purple Coneflower

Echinacea purpurea

Prairie Phlox

Phlox pilosa

Joe Pye Weed

Eutrochium purpureum

Blazing Stars

Liatris spp.

Black-eyed Susan

Rudbeckia fulgida

Stiff Goldenrod

Oligoneuron (Solidago) rigidum

Ironweed

Vernonia missurica

Sedum

Hylotelephium telephium

Smooth Blue Aster

Symphotrichum laeve

Aromatic Aster

Symphotrichum oblongifolium

Anise Hyssop

Agastache foeniculum

Hoary Vervain

Verbena stricta

Host Plants for Missouri Butterflies:

These plants are necessary for our native butterflies because they are the only food for their caterpillars. Female butterflies will be attracted to these plants to lay eggs. Including them in your garden will increase the number of butterflies you spot and may allow you to see caterpillars.



American Lady on Pussytoes



Black Swallowtail on Golden Alexander

Pussytoes

Antennaria plantaginifolia
Host for the American Lady

Golden Alexander

Zizia aurea or *Z. aptera*
Host for the Black Swallowtail

Spicebush

Lindera benzoin
Host for the Spicebush Swallowtail

Paw Paw

Asimina triloba
Host of the Zebra Swallowtail

Hop Tree

Ptelea trifoliata
Host for the Giant Swallowtail

Blue False Indigo

Baptisia australis
Host of many skipper species

Little Bluestem

Schizachyrium scoparium
Host of several skipper species

Asters

Symphotrichum laeve
or *S. oblongifolium*
Host of the Pearl Crescent

Violets

Viola spp.
Host for the Great Spangled Fritillary

Wild Petunia

Ruellia strepens
Host for the Buckeye

Milkweed species

Asclepias spp.
Host for the Monarch

Rose Mallow

Hibiscus laevis
Host for the Painted Lady

Black-eyed Susan

Rudbeckia spp.
Host of the Silvery Checkerspot

Partridge Pea

Chamaecrista fasciculata
Host for the Cloudless Sulfur

Dutchman's Pipe

Aristolochia tomentosa
Host for the Pipevine Swallowtail

Cherries

Prunus spp.
Host for the Tiger Swallowtail
and Red-Spoed Purple

Project Pollinator Partners:



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