



Senior Outreach  
Virtual Programs

**Room with a Bloom:**

- Facility guided: Supplies for small flower arrangements, including container, floral oasis and decorative cover. Plant material will include greenery, two flowers and a scented plant. Written instructions for facility staff to implement program. \$6 per person
- Facility managed with virtual instruction: Supplies for small flower arrangements, including container, floral oasis and decorative cover. Plant material will include greenery, two flowers and a scented plant. Therapeutic Horticulture staff will (via Zoom) provide instruction and discussion of plant characteristics, sensory exploration and memory prompts about gardening and plants. \$6 per person, plus \$25 instructor fee.
- Facility managed: Supplies for small flower arrangements, including container, floral oasis and decorative cover. Plant material will include greenery, two flowers and a scented plant. In addition, a private link will be provided to a flower arranging YouTube video from Therapeutic Horticulture. \$6 per person plus \$10 video charge

**Power Point Presentations**

- All About Tea: engaging video about tea and herbs used for herbal tea, available through private YouTube link. Drop off kit of hands-on materials for participants to explore and create an individual herbal tea of their choice. \$60
- Shades of Green: inspirational video with wide range of photos of Garden locations, designed to increase awareness of shades of green in nature (available through private link on YouTube). Drop off kit of hands-on materials for participants to pot a house plant of their own. \$60
- Sensory Exploration: short video describing how we use our senses in nature, available on Garden YouTube channel. Drop off kit of natural materials suitable for reinforcing sensory engagement and exploration. \$30