



Fruits for the St. Louis Area - Recommended Varieties

Fruit	Variety	Disease Resistance or Tolerance/Comments
Apples		
	Redfree	Immune to apple scab and cedar apple rust. Resistant to fire blight and powdery mildew. Glossy red skin. Flesh is crisp, juicy. Mild subacid flavor. Ripens early Aug.
	Liberty	Immune to apple scab and cedar apple rust. Resistant to fire blight and powdery mildew. Deep dark red striped skin. Flesh is juicy, crisp and fine. Flavor subacid and good. Ripens early Sept.
	Enterprise	Immune to apple scab, resistant to cedar apple rust and mildew. Dark red fruit. Flesh is juicy with spicy, full, rich flavor. Ripens early Oct.
Apricots		
	Wilson Delicious	Firm, golden-orange fruit. Rich, distinctive flavor. All purpose apricot. Ripens early July.
Blackberries		
	Kiowa	Thorned variety grows 5 to 6 ft. tall. Large, sweet berries. High yield. Hardy to -23 degrees.
	Navaho	Thornless variety. Medium size fruit. Sweet flavor. Canes 4 to 5 ft. tall. Hardy to -13 degrees.
Blueberries		
	Bluecrop	Fruit is light blue, firm and has a good flavor. Ripens early July.
	Jersey	Medium-sized and very sweet fruit. Productive and adaptable. Shrubs 4 to 6 ft. tall. Ripens late July.
	Herbert	Large sweet berries with a bit of tart flavor. Ripens late mid-season.
Cherries		
	North Star	Tart cherry. Natural dwarf tree. Bears at an early age. Disease-resistant. Ripens mid-June.
	Meteor	Tart cherry. Semi-dwarf tree. Ripens mid-late June.
	Montmorency	Tart cherry. Ripens mid-June.
Grapes		
	Buffalo	Seeded grape. Early blue grape. Juicy sweet, tender flesh. Disease resistant. Hardy.
	Concord	Seeded grape. Late midseason blue grape. Excellent for juice,

Canadice	jelly and wine. Hardy. Seedless grape. Pinkish berries. Firm sweet grapes. Hardy. Ripens early Aug.
Reliance	Seedless grape. Pink, medium size berries. Some disease resistance. Productive. Ripens late Aug.

Nectarines

Mericrest	Resistant to bacterial leaf spot. Large and red-skinned. Flesh is yellow. Flavor is rich and tangy. Freestone. Ripens late July.
Stark Sunglo	Susceptible to bacterial leaf spot. Skin is red over gold. Flesh is fairly firm. Flavor is good. Freestone. Ripens early Aug.

Peaches

Redhaven	Moderately resistant to bacterial leaf spot. Skin is red. Flavor is excellent. Low browning. Freestone. Ripens mid-July.
Madison	Moderately susceptible to bacterial leaf spot. Skin is bright red. Flesh is deep yellow and firm. Mild, rich flavor. Moderate browning. Freestone. Ripens mid-Aug.
Cresthaven	Moderately resistant to bacterial leaf spot. Skin is yellow to red (highly colored.) Flesh is yellow and firm. Browning resistant. Freestone. Ripens mid-Aug.

Pears

Seckel	Resistant to fire blight. Small super sweet dessert pears. Ripens in Aug.
Starking Delicious	Resistant to fire blight. Flesh is sweet and juicy. Ripens early Sept.
Harrow Delight	Resistant to fire blight. Skin is greenish yellow with red blush. Flesh is smooth, fine, and flavorful. Ripens in early Aug.

Plums

Ozark Premier	Japanese plum. Reddish-bronze skin. Flesh is firm, sweet, and juicy. Semi-freestone. Ripens early Aug.
Stanley	European plum. Prune-type plum. Skin deep purple. Flesh is golden. Ripens mid-Aug.

Raspberries

Jewel	Black raspberry. Mid-season ripening. Firm, glossy fruit with good flavor. Vigorous, erect plants.
Royal	Purple raspberry that matures in June. Large, sweet, flavorful berries. Vigorous, hardy. Insect resistance.
Heritage	Red raspberry. Produces a big crop of large, sweet red berries in June.

Strawberries

Earliglow	Early strawberry. Large, sweet, dark red berries. Disease resistant.
Surecrop	Midseason strawberry. Plants are vigorous, hardy and disease resistant. Large, sweet berries.
Allstar	Late season strawberry. Berries are orange/red color, and firm. Disease resistant.
Honeoye	Very productive. Large, firm, and sweet fruit. Ripens mid-season.

References:

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Indiana Berry and Plant Co., 5218 W. 500 South, Huntingburg, IN 47542. 2009 Indiana Berry Book and Plant Guide.

2009 Stark Bro's Nursery Catalog, P.O. Box 1800, Louisiana, MO 63353.

2009, Miller Nurseries Catalog, 5060 West Lake Road, Canandaigua, NY 14424