

A Connected Waterway | Restored

Forest Park East Waterways

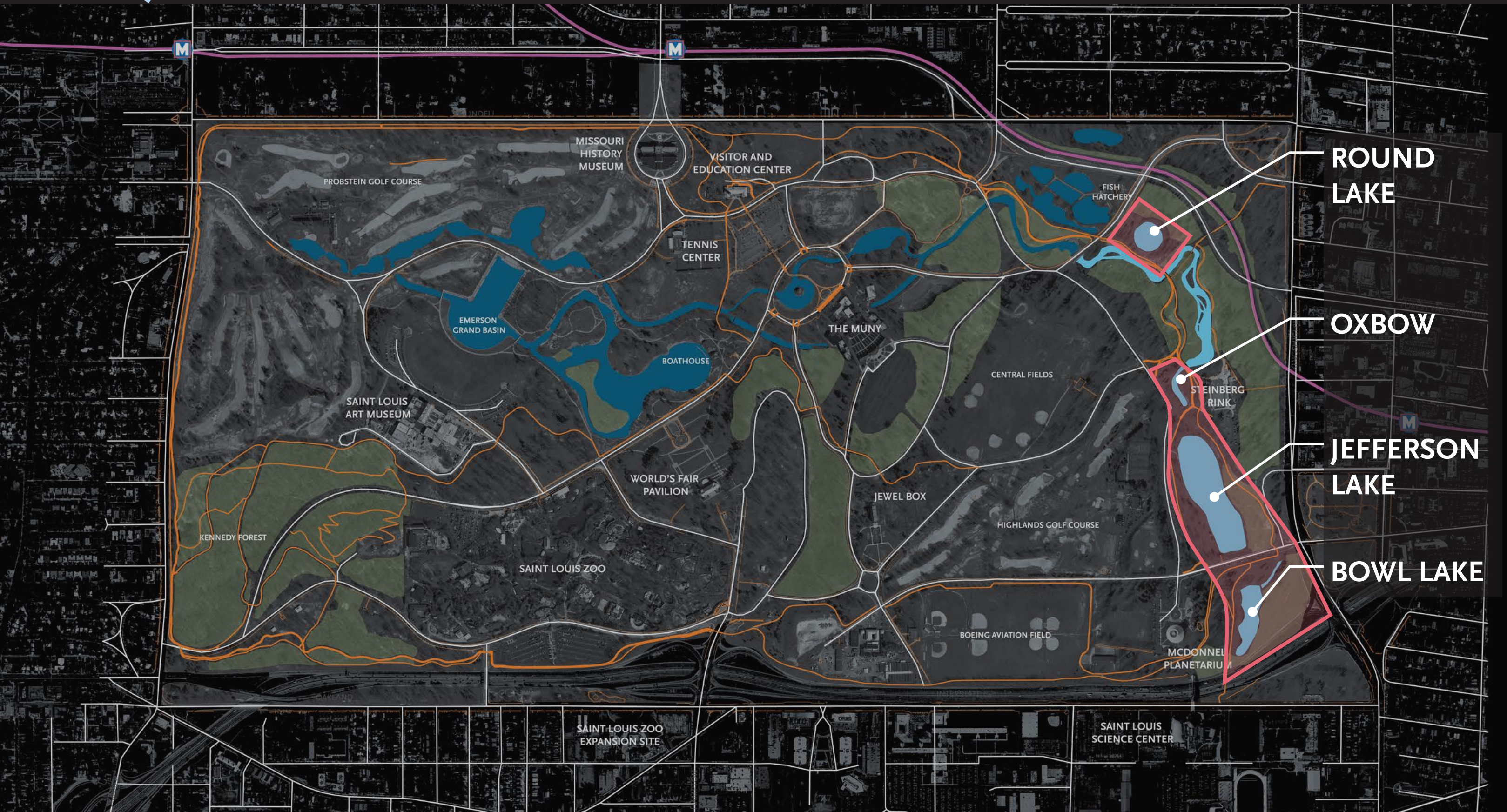
USGBC - Sustainable SITES

Design Process and Documentation

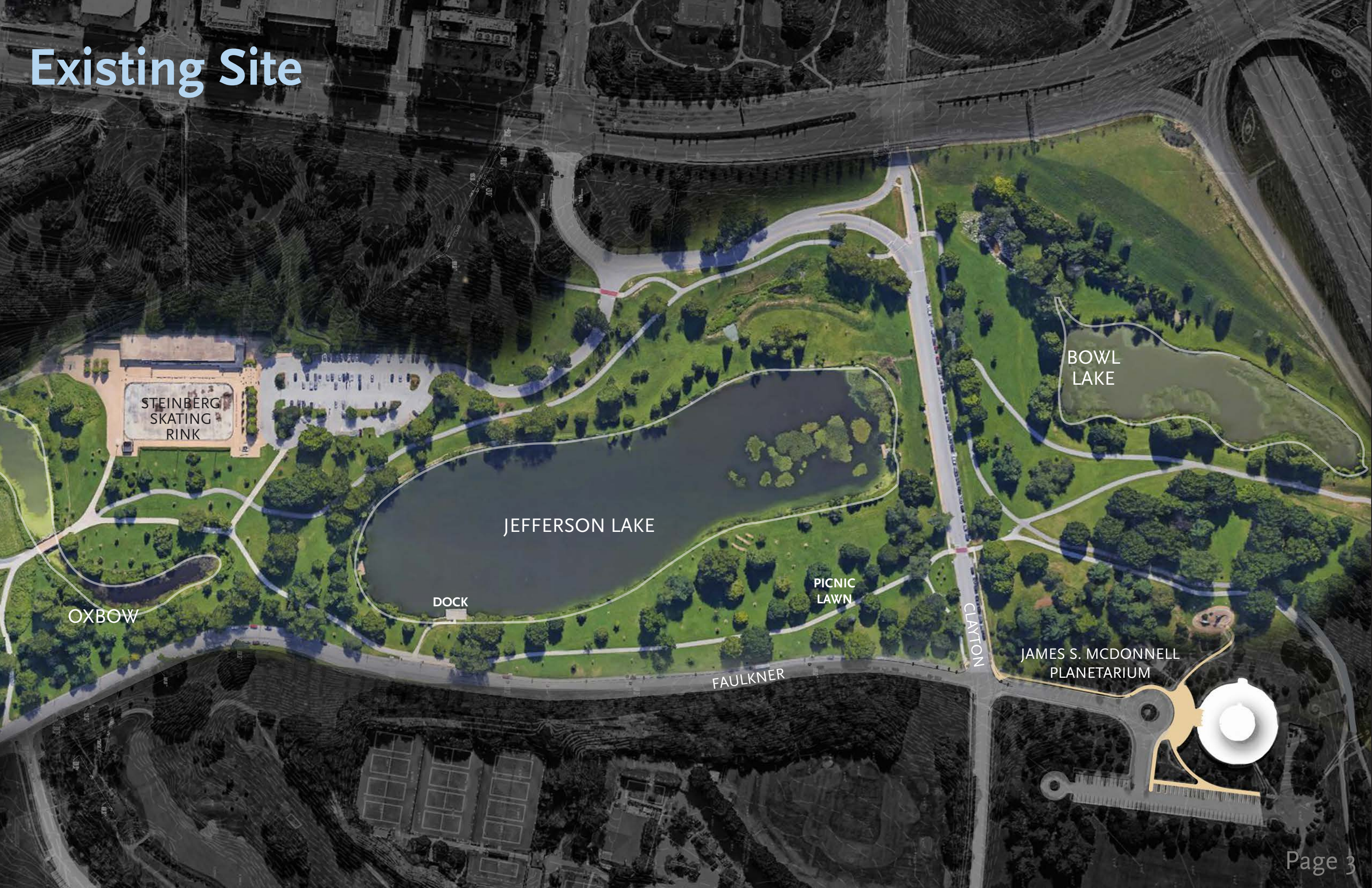
August 9, 2019



Project Context



Existing Site



STEINBERG
SKATING
RINK

BOWL
LAKE

JEFFERSON LAKE

DOCK

OXBOW

PICNIC
LAWN

FAULKNER

CLAYTON

JAMES S. MCDONNELL
PLANETARIUM

Bowl Lake Existing Conditions



Jefferson Lake Existing Conditions



Oxbow Existing Conditions



THE Sustainable SITES Initiative

SITES GOALS

Create Regenerative Systems and Foster Resiliency

- Protect and restore natural resources such as soil, water, and vegetation.
- Encourage biodiversity.
- Enhance landscapes to provide multiple ecosystem services such as cleaning air and water, providing habitat, and storing carbon.
- Mitigate for evolving hazards and natural disasters.
- Plan for monitoring and adaptive management.

Ensure Future Resource Supply and Mitigate Climate Change

- Minimize energy consumption and encourage use of low carbon and renewable energy sources.
- Minimize or eliminate greenhouse gas emissions, heavy metals, chemicals, and other pollutants.
- Reduce, reuse, recycle, and upcycle materials and resources.
- Conserve water.
- Increase the capacity of carbon sinks through re-vegetation.

Transform the Market through Design, Development, and Maintenance Practices

- Foster leadership in industry and professional practice.
- Use a systems-thinking, integrative and collaborative design approach.
- Use lifecycle analyses to inform the design process.
- Support local economies and sustainability policies.

Enhance Human Well-Being and Strengthen Community

- Reconnect humans to nature.
- Improve human health (physical, mental, and spiritual).
- Foster stewardship by providing education that promotes the understanding of natural systems and recognizes the value of landscapes.
- Encourage cultural integrity and promote regional identity.
- Provide opportunities for community involvement and advocacy.

SITES v2 Scorecard Summary

YES	?	NO			
10	0	3	1: SITE CONTEXT	Possible Points:	13
Y			CONTEXT P1.1	Limit development on farmland	
Y			CONTEXT P1.2	Protect floodplain functions	
Y			CONTEXT P1.3	Conserve aquatic ecosystems	
Y			CONTEXT P1.4	Conserve habitats for threatened and endangered species	
3		3	CONTEXT C1.5	Redevelop degraded sites	3 to 6
4			CONTEXT C1.6	Locate projects within existing developed areas	4
3			CONTEXT C1.7	Connect to multi-modal transit networks	2 to 3
3	0	0	2: PRE-DESIGN ASSESSMENT + PLANNING	Possible Points:	3
Y			PRE-DESIGN P2.1	Use an integrative design process	
Y			PRE-DESIGN P2.2	Conduct a pre-design site assessment	
Y			PRE-DESIGN P2.3	Designate and communicate VSPZs	
3			PRE-DESIGN C2.4	Engage users and stakeholders	3
12	9	2	3: SITE DESIGN - WATER	Possible Points:	23
Y			WATER P3.1	Manage precipitation on site	
Y			WATER P3.2	Reduce water use for landscape irrigation	
4	2		WATER C3.3	Manage precipitation beyond baseline	4 to 6
4		2	WATER C3.4	Reduce outdoor water use	4 to 6
4	1		WATER C3.5	Design functional stormwater features as amenities	4 to 5
	6		WATER C3.6	Restore aquatic ecosystems	4 to 6
11	15	14	4: SITE DESIGN - SOIL + VEGETATION	Possible Points:	40
Y			SOIL+VEG P4.1	Create and communicate a soil management plan	
Y			SOIL+VEG P4.2	Control and manage invasive plants	
Y			SOIL+VEG P4.3	Use appropriate plants	
		6	SOIL+VEG C4.4	Conserve healthy soils and appropriate vegetation	4 to 6
	4		SOIL+VEG C4.5	Conserve special status vegetation	4
3	3	0	SOIL+VEG C4.6	Conserve and use native plants	3 to 6
4	2		SOIL+VEG C4.7	Conserve and restore native plant communities	4 to 6
	6		SOIL+VEG C4.8	Optimize biomass	1 to 6
4			SOIL+VEG C4.9	Reduce urban heat island effects	4
		4	SOIL+VEG C4.10	Use vegetation to minimize building energy use	1 to 4
		4	SOIL+VEG C4.11	Reduce the risk of catastrophic wildfire	4
5	36	0	5: SITE DESIGN - MATERIALS SELECTION	Possible Points:	41
Y			MATERIALS P5.1	Eliminate the use of wood from threatened tree species	
2	2		MATERIALS C5.2	Maintain on-site structures and paving	2 to 4
	4		MATERIALS C5.3	Design for adaptability and disassembly	3 to 4
	4		MATERIALS C5.4	Use salvaged materials and plants	3 to 4
	4		MATERIALS C5.5	Use recycled content materials	3 to 4
	5		MATERIALS C5.6	Use regional materials	3 to 5
	5		MATERIALS C5.7	Support responsible extraction of raw materials	1 to 5
	5		MATERIALS C5.8	Support transparency and safer chemistry	1 to 5
	5		MATERIALS C5.9	Support sustainability in materials manufacturing	5
3	2		MATERIALS C5.10	Support sustainability in plant production	1 to 5

YES	?	NO
82	96	23

	4		EDUCATION C9.3	Plan to monitor and report site performance	4
0	0	0	10. INNOVATION OR EXEMPLARY PERFORMANCE	Bonus Points:	9
			INNOVATION C10.1	Innovation or exemplary performance	3 to 9
YES	?	NO			
82	96	23	TOTAL ESTIMATED POINTS	Total Possible Points:	200
KEY					
YES	Project confident points are achievable			SITES Certification levels	Points
?	Project striving to achieve points, not 100% confident			CERTIFIED	70
NO	Project is unable to achieve these credit points			SILVER	85
				GOLD	100
				PLATINUM	135

Tree Protection, Site Access, Staging



3	0	0	2: PRE-DESIGN ASSESSMENT + PLANNING		Possible Points:	3
Y			PRE-DESIGN P2.1	Use an integrative design process		
Y			PRE-DESIGN P2.2	Conduct a pre-design site assessment		
Y			PRE-DESIGN P2.3	Designate and communicate VSPZs		
3			PRE-DESIGN C2.4	Engage users and stakeholders		3

PROJECT TEAM



MASTER PLAN RECOMMENDATIONS

The Forest Park Master Plan calls “for the preservation and maintenance of its natural resources, environment and wildlife habitat to *ensure a sustainable, ecologically sound natural system*” and that “Forest Park’s natural beauty, scenic value, and historic and cultural institutions should be the basis for the enjoyment of the park, regardless of future changes in types and levels of park activities and park users.” (page 5)

“The *open space spine* is based upon the park’s natural and man-made features and follows the old River Des Peres’ water course and line of bluffs in the park” (page 11)

The creation of “a park-wide, *linear connected water system* as the connective thread that unifies the diverse qualities of the passive open space system” (page 158)

The design recommendations include:

- Water character and spatial features
- Functional requirements
- Water quality controls
- Soil erosion controls
- Shorelines vegetation recommendations confluence areas and filtering marshes
- Check dams and upland water controls structures
- A series of long-term design options and site specific recommendations

Step 3 Completed September 2017

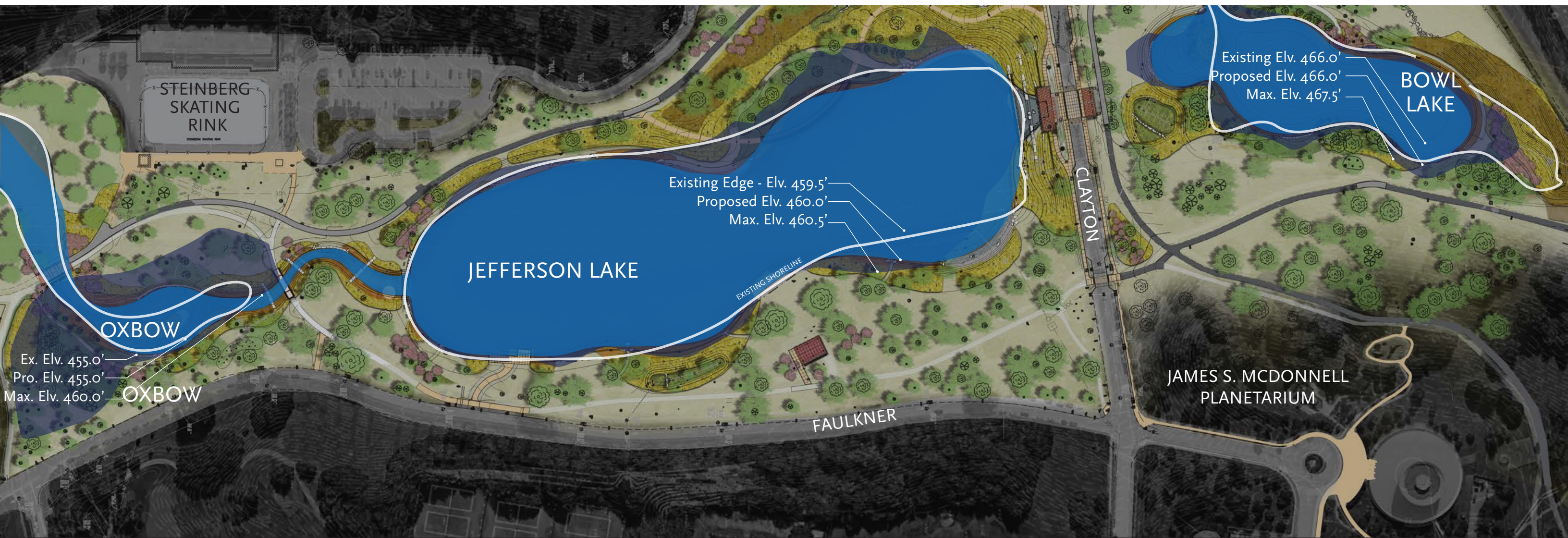
Project Goals

- ☐ Link The Waterway System
- ☐ Enhance Fishing Habitat and Access
- ☐ Improve Water Quality
- ☐ Bank Edge Erosion and Stabilization
- ☐ Reduce Need for Potable Water
- ☐ Increase Biodiversity
- ☐ Increase and Promote Accessibility
- ☒ Improve Overall Aesthetics
- ☐ Provide Opportunities for Passive Recreation
- ☐ Improve/ Update Park Infrastructure
- ☐ Connect Park Institutions
- ☐ Sustainable Maintenance Strategies
- ☐ Environmental Art Opportunities

Overall Plan

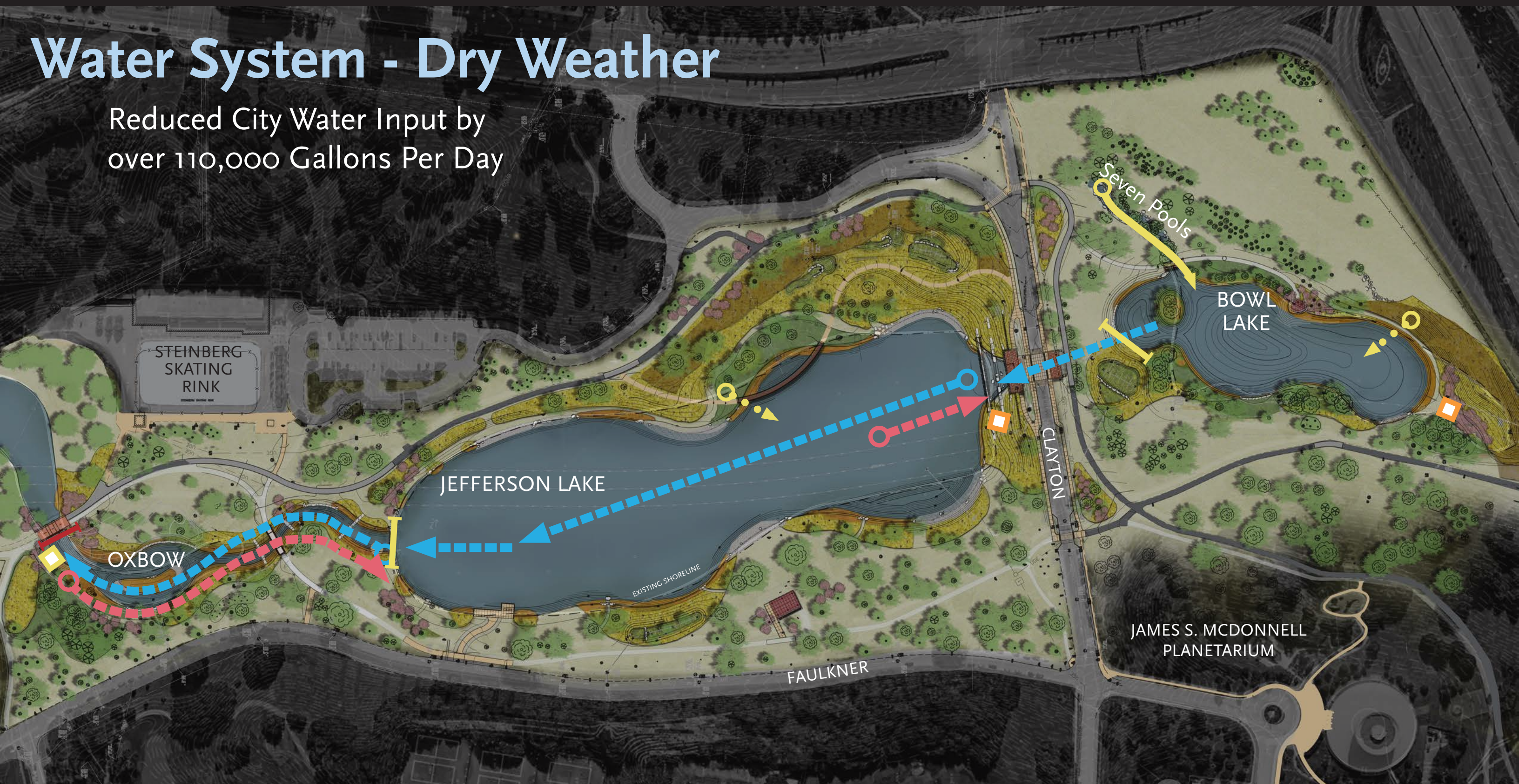


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Water System - Dry Weather

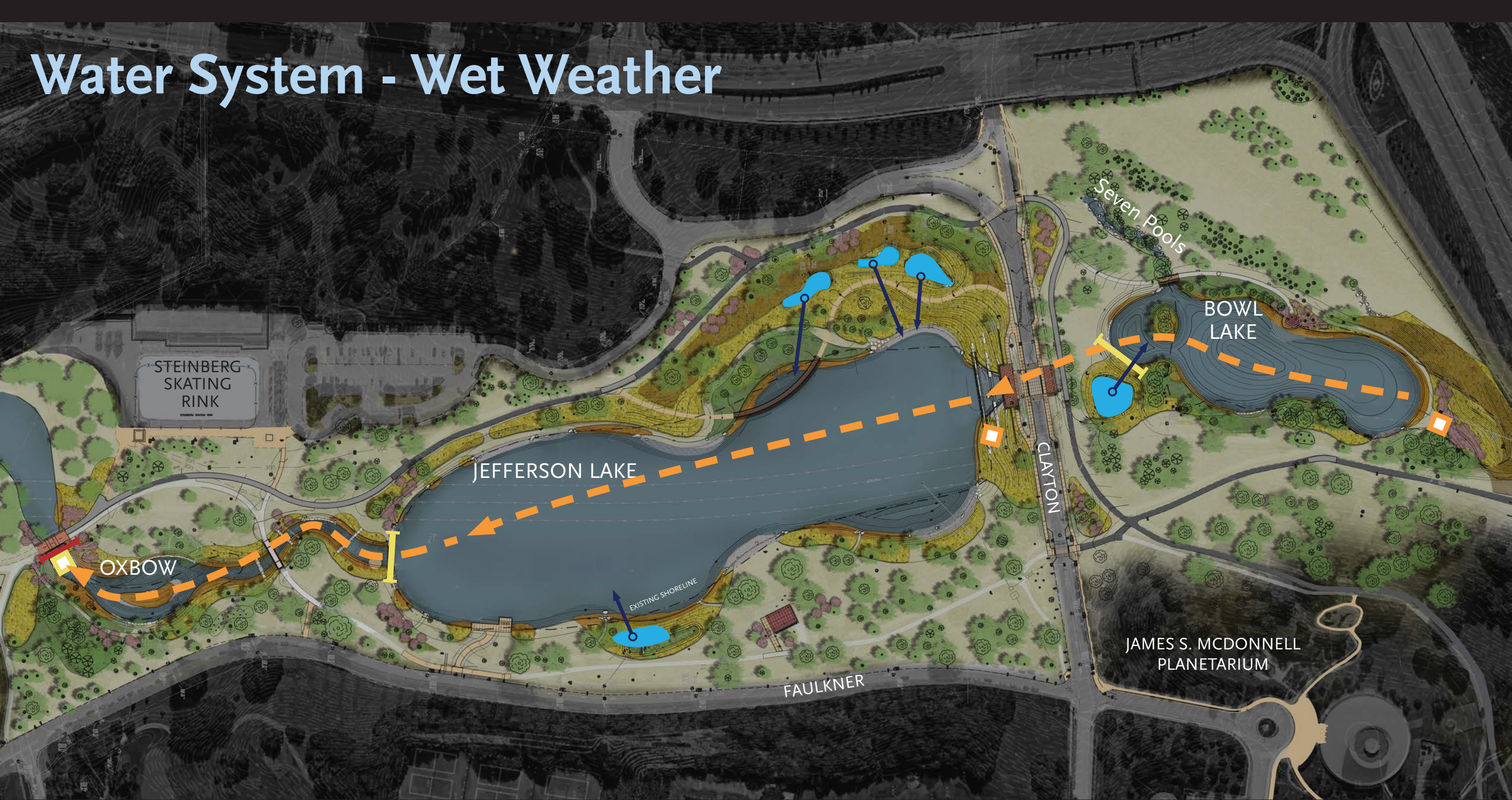
Reduced City Water Input by
over 110,000 Gallons Per Day



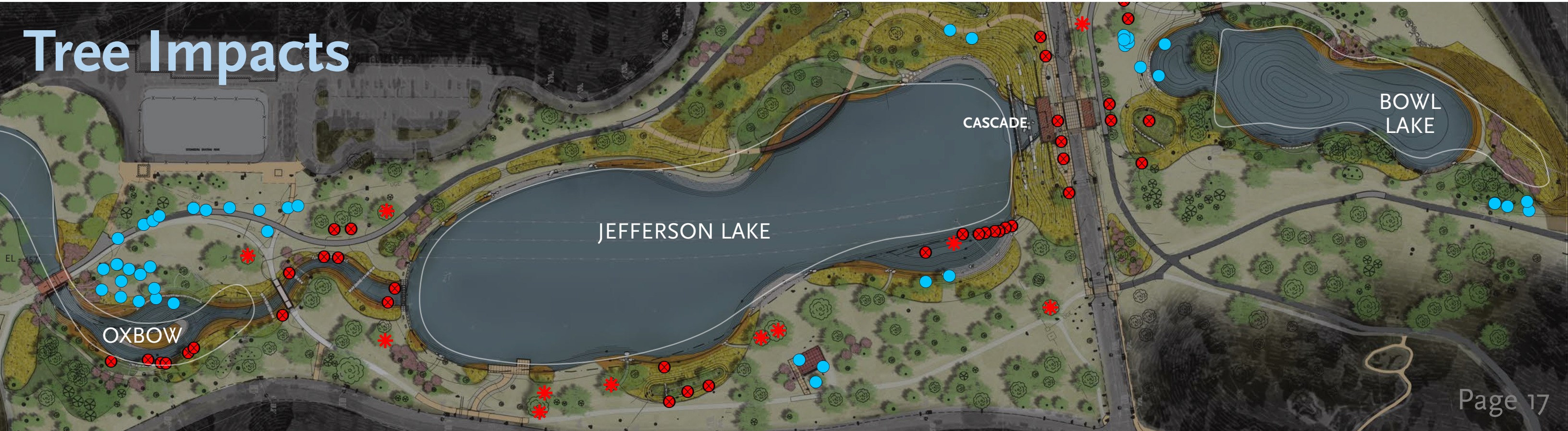
LAKE RECIRCULATION
100% SEPARATION
FROM LINEAR WATERWAY
WEIR

CITY WATER INPUT
EMERGENCY OVERFLOW
SITE OVERFLOW

Water System - Wet Weather



11	15	14	4: SITE DESIGN - SOIL + VEGETATION		Possible Points:	40
Y			SOIL+VEG P4.1	Create and communicate a soil management plan		
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	6		SOIL+VEG C4.8	Optimize biomass		1 to 6
4			SOIL+VEG C4.9	Reduce urban heat island effects		4
		4	SOIL+VEG C4.10	Use vegetation to minimize building energy use		1 to 4
		4	SOIL+VEG C4.11	Reduce the risk of catastrophic wildfire		4



Proposed Trees



PROPOSED TREES - 496

CANOPY TREES - 221

FLOWERING TREES - 215

EVERGREEN TREES - 60

Landscape Typologies



GRAVEL BAR



MEADOW/ WET MEADOW



RAIN GARDEN



RIPARIAN



LAWN/TREES



SEDGE MEADOW



Proposed Planting - Trees and Shrubs



Bald Cypress
Taxodium distichum



Short Leaf Pine *Pinus echinata*



Sycamore
Platanus occidentalis



Bur Oak *Quercus macrocarpa*



Sugar Maple *Acer saccharum*



Swamp White Oak
Quercus bicolor



Hazelnut *Corylus americana*



Red Bud *Cercis canadensis*
'Appalachian Red'



Bladdernut
Staphylea trifolium



Spicebush *Lindera benzoin*



American Beautyberry
Callicarpa dichotoma



Sandbar Willow *Salix exigua*



Cardinal Red-twig Dogwood
Cornus sericea 'Cardinal'



Winterberry
Ilex verticillata 'Red Sprite'



Winterberry
Ilex verticillata 'Jim Dandy'



Gro-Low Sumac
Rhus aromatica 'Gro-Low'



American Beautyberry
Callicarpa dichotoma



Indigo Bush *Amorpha fruticosa*

Grasses and Forbs



Blunt Spike Rush
Eleocharis obtusa



Soft Rush
Juncus effusus



Bristly Sedge
Carex comosa



Slender Sedge
Carex praegracilis



Palm Sedge
Carex muskingumensis



Fox Sedge
Carex vulpinoidea



Panicum virgatum
Panicum virgatum



Little Bluestem
Andropogon scoparius



Blue Joint Grass
Calamagrostis canadensis



Fowl Mana Grass
Glyceria striata



Wool Grass
Scirpus cyperinus



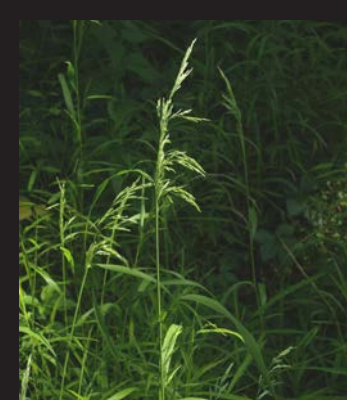
Bottlebrush grass
Elymus hystrix



Indian Grass
Sorghastrum nutans



Riverbank Wild Rye
Elymus riparius



Common woodread
Cinna arundinacea



Hard-stemmed Bulrush
Scirpus acutus



Copper Iris
Iris fulva



Blue Flag Iris
Iris virginica



Joe Pye Weed
Eupatorium dudium



Marsh Blazing Star
Liatris spicata



Ozark Blue Star
Amsonia illustris



Black Eyed Susan
Rudbeckia hirta



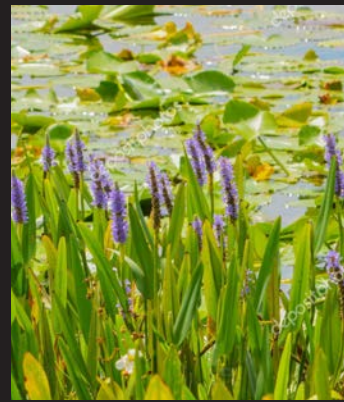
Water Willow
Justica americana



Grass-leaved Goldenrod
Solidago graminifolia



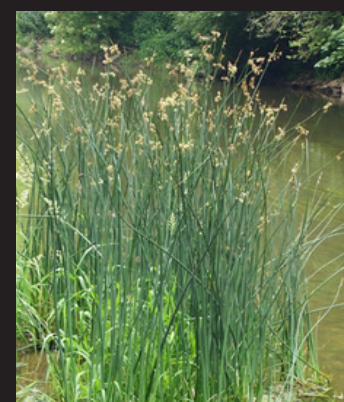
Tall Ironweed
Veronia altissima



Pickerel Weed
Pontederia cordata



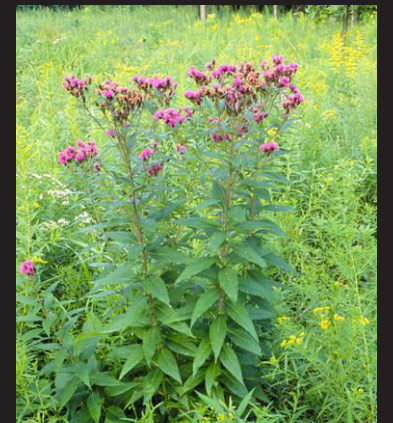
Burreed
Sparganium eurycarpum



Great Bulrush
Scirpus validus



Marsh Marigold
Caltha palustris



Ironweed *Vernonia fasciculata*



Swamp Milkweed
Asclepias incarnata



Common Milkweed
Asclepias syriaca



Side-flowering Aster
Aster lateriflorus



New England Aster
Aster novae-angliae



Nodding Wild Onion
Allium cernuum



Wild Columbine
Aquilegia canadensis



Butterfly Weed
Asclepias tuberosa



Stiff Coreopsis
Coreopsis palmata



Pale Purple Coneflower
Echinacea pallida



Queen of the Prairie
Filipendula rubra



Marsh Mallow
Hibiscus coccineus



Crimson Rose Mallow
Hibiscus moscheutos



Great Blue Lobelia
Lobelia siphilitica



Lavender Musk
Mimulus ringens



Wild Bergamot
Monarda fistulosa



Foxglove Beard Tongue
Penstemon digitalis



Obedient Plant
Physostegia virginiana



Common Mountain Mint
Pycnanthemum virginianum



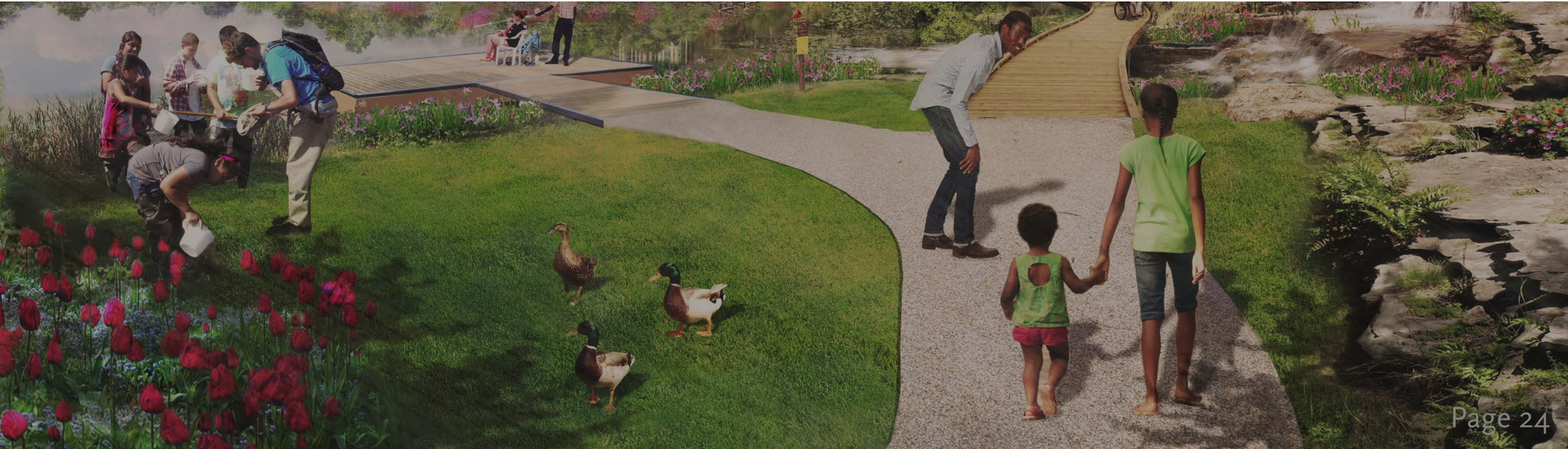
Lizard Tail
Saururus cernuus



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	5		MATERIALS C5.6	Use regional materials		3 to 5
	5		MATERIALS C5.7	Support responsible extraction of raw materials		1 to 5
	5		MATERIALS C5.8	Support transparency and safer chemistry		1 to 5
	5		MATERIALS C5.9	Support sustainability in materials manufacturing		5
3	2		MATERIALS C5.10	Support sustainability in plant production		1 to 5



18	8	4	6: SITE DESIGN - HUMAN HEALTH + WELL-BEING		Possible Points:	30
3			HHWB C6.1	Protect and maintain cultural and historic places		2 to 3
2			HHWB C6.2	Provide optimum site accessibility, safety, and wayfinding		2
2			HHWB C6.3	Promote equitable site use		2
2			HHWB C6.4	Support mental restoration		2
2			HHWB C6.5	Support physical activity		2
	2		HHWB C6.6	Support social connection		2
		4	HHWB C6.7	Provide on-site food production		3 to 4
4			HHWB C6.8	Reduce light pollution		4
	4		HHWB C6.9	Encourage fuel efficient and multi-modal transportation		4
	2		HHWB C6.10	Minimize exposure to environmental tobacco smoke		1 to 2
3			HHWB C6.11	Support local economy		3



Open Space

Design Phase - Subject to Change

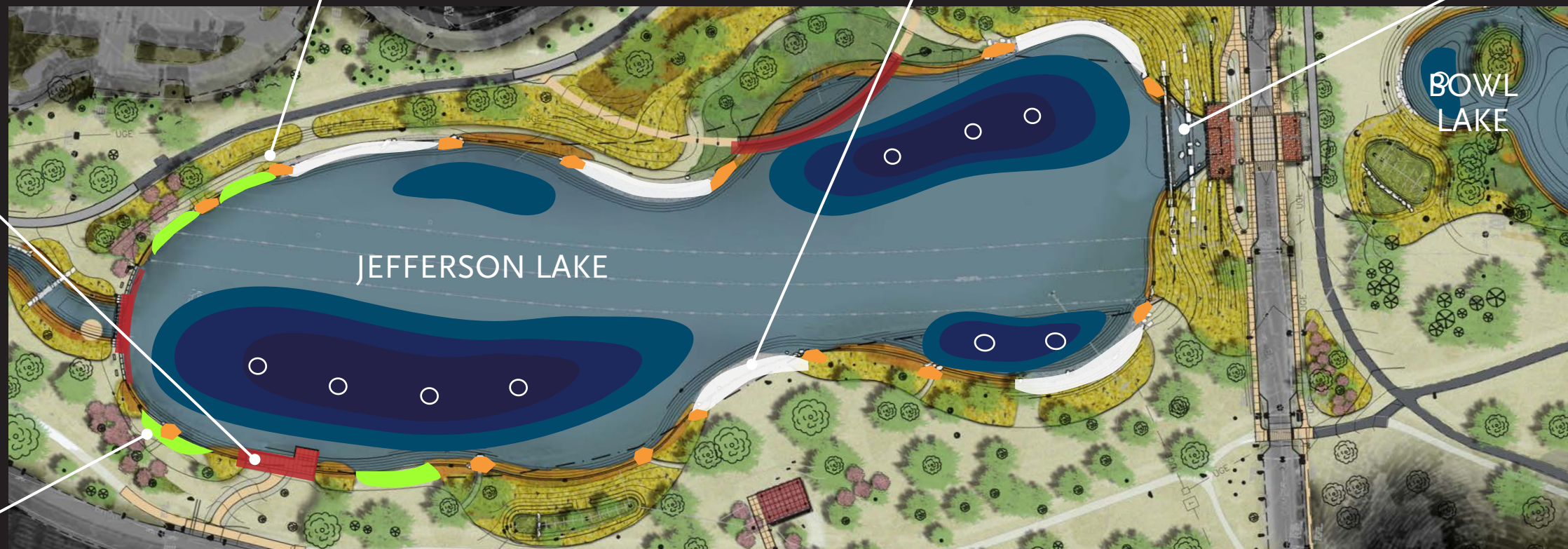


EXISTING IMPERVIOUS AREA: 2.43 Acres
EXISTING OPEN SPACE: 39.67 Acres

PROPOSED IMPERVIOUS AREA: 2.54 Acres
PROPOSED OPEN SPACE: 39.56 Acres

Net Change of Open Space: -0.11 Acres

Jefferson Lake Fishing Opportunities



- | | | | | | | | |
|------------------|---|------------|---|-----------------|---|-----------|---|
| CITY WATER INPUT | ● | GRAVEL BAR | ■ | ACCESSIBLE DOCK | ■ | DEEP POOL | ■ |
| AERATION | ○ | LAWN EDGE | ■ | ROCK OUTCROP | ■ | BOARDWALK | ■ |

Circulation



EXISTING PARKING SPACES: 228

PROPOSED PARKING SPACES: 225

- PARKING ———
- ACCESSIBLE PARKING ———
- CONNECTOR ———
- WHEELS - ACCESSIBLE ———
- HEELS- ACCESSIBLE ———

9	9	0	7: CONSTRUCTION		Possible Points:	17
Y			CONSTRUCTION P7.1	Communicate and verify sustainable construction practices		
Y			CONSTRUCTION P7.2	Control and retain construction pollutants		
Y			CONSTRUCTION P7.3	Restore soils disturbed during construction		
	5		CONSTRUCTION C7.4	Restore soils disturbed by previous development		3 to 5
4	1		CONSTRUCTION C7.5	Divert construction and demolition materials from disposal		3 to 4
3	1		CONSTRUCTION C7.6	Divert reusable vegetation, rocks, and soil from disposal		3 to 4
2	2		CONSTRUCTION C7.7	Protect air quality during construction		2 to 4

7	15	0	8. OPERATIONS + MAINTENANCE		Possible Points:	22
Y			O+M P8.1	Plan for sustainable site maintenance		
Y			O+M P8.2	Provide for storage and collection of recyclables		
3	2		O+M C8.3	Recycle organic matter		3 to 5
4	1		O+M C8.4	Minimize pesticide and fertilizer use		4 to 5
	4		O+M C8.5	Reduce outdoor energy consumption		2 to 4
	4		O+M C8.6	Use renewable sources for landscape electricity needs		3 to 4
	4		O+M C8.7	Protect air quality during landscape maintenance		2 to 4

7	4	0	9. EDUCATION + PERFORMANCE MONITORING		Possible Points:	11
4			EDUCATION C9.1	Promote sustainability awareness and education		3 to 4
3			EDUCATION C9.2	Develop and communicate a case study		3
	4		EDUCATION C9.3	Plan to monitor and report site performance		4

0	0	0	10. INNOVATION OR EXEMPLARY PERFORMANCE	Bonus Points:	9
			INNOVATION C10.1	Innovation or exemplary performance	3 to 9

Innovative 9 Step Process



MASTER PLAN RECOMMENDATIONS

Bowl Lake & Seven Pools

- Accentuate plantings and create an earthen berm near south end of Bowl Lake
- Water outfall at north end of Bowl Lake to be piped into Jefferson Lake
- Restore Stone Bridge
- Provide seating area to enjoy and learn about Bowl Lake
- Provide sediment filtration and shoreline plantings
- Incorporate educational elements in cooperation with the Science Center and Central Institute for the Deaf

Bowl Lake

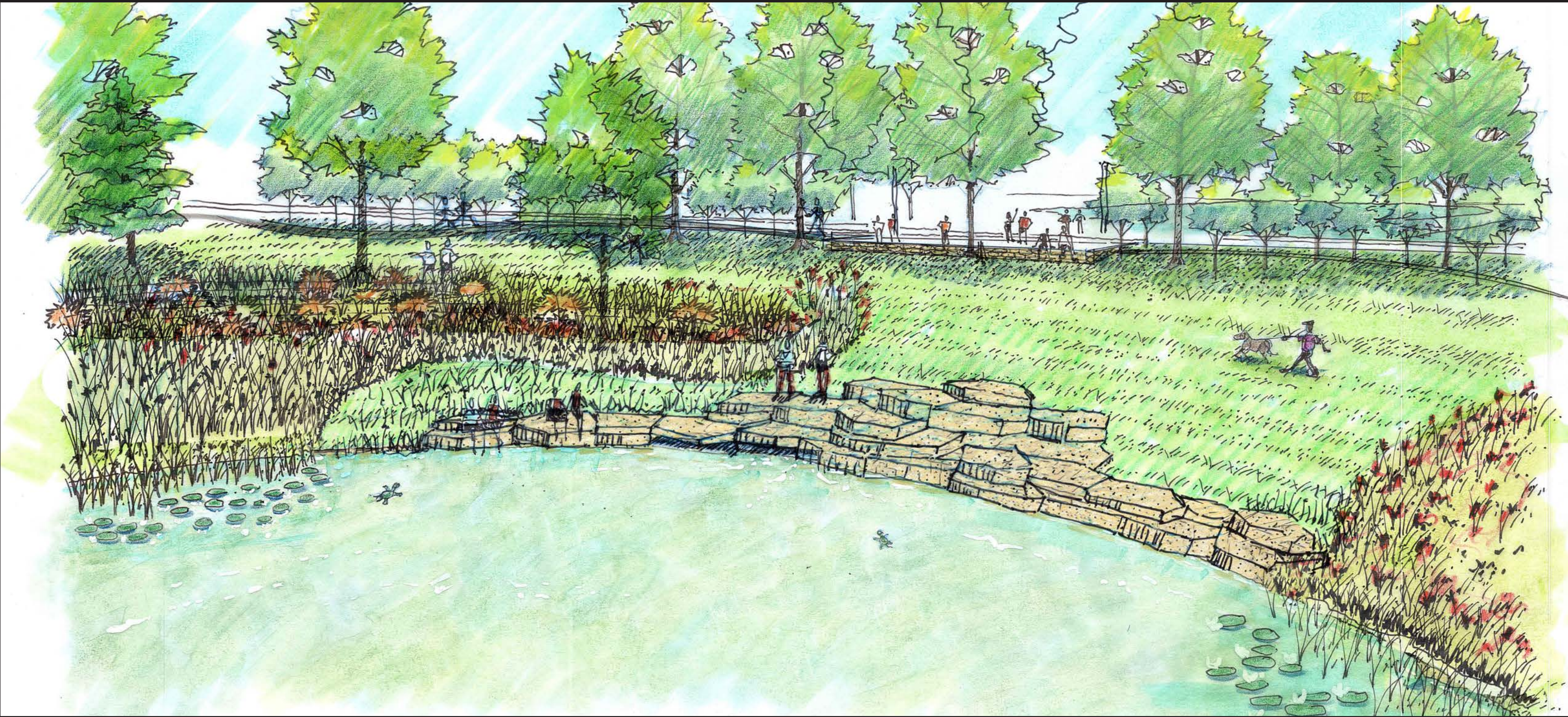


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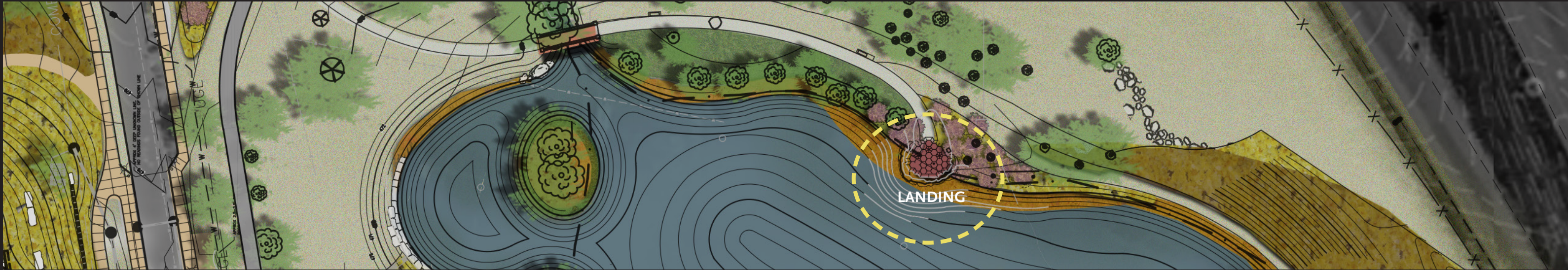
- ① Restored Seven Pools bridge
- ② Cypress island
- ③ Bowl Lake Landing
- ④ Aquatic Plants
- ⑤ Heels trail
- ⑥ Wheels trail
- ⑦ Overlook
- ⑧ Seven Pools restoration
- ⑨ Extend berm for highway buffer
- ⑩ Seven Pools Parking
- Lighting



Bowl Lake Edge Near Clayton



Bowl Lake Landing



MASTER PLAN RECOMMENDATIONS

Jefferson Lake

- Extend naturalistic landscape features around Jefferson Lake
- Restore existing paved fishing platforms
- Provide aeration and sediment filtration
- Connect to Bowl Lake and the rest of the water system
- Create a cascading water input at the south end of Jefferson Lake
- Provide aeration and sediment filtration
- Reshape and enlarge Jefferson Lake
- Reduce the amount of City water input
- Provide a connected waterway system

Jefferson Lake

KEY

- 1 Cascades
- 2 Boardwalk & cypress wetland
- 3 Picnic pavilion
- 4 Gravel bar
- 5 New fishing dock
- 6 Stormwater BMP
- 7 Weir
- 8 Picnic lawn
- 9 Heels trail
- 10 Wheels trail
- 11 Overlook
- 12 Traffic calming improvements
- 13 Roadside ADA parking
- Lighting



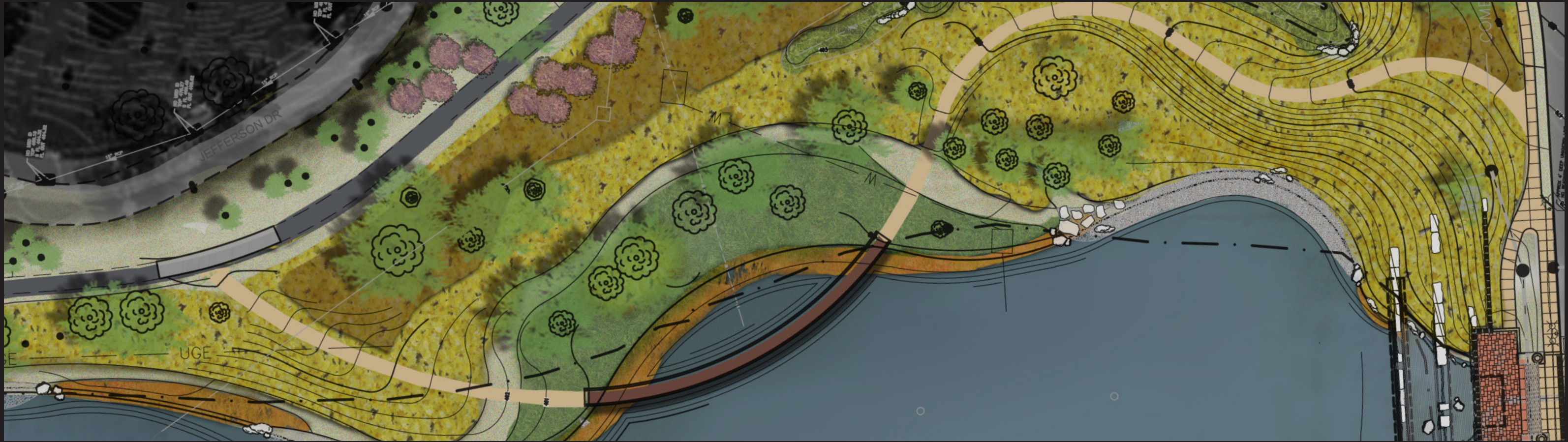
Clayton Cascade

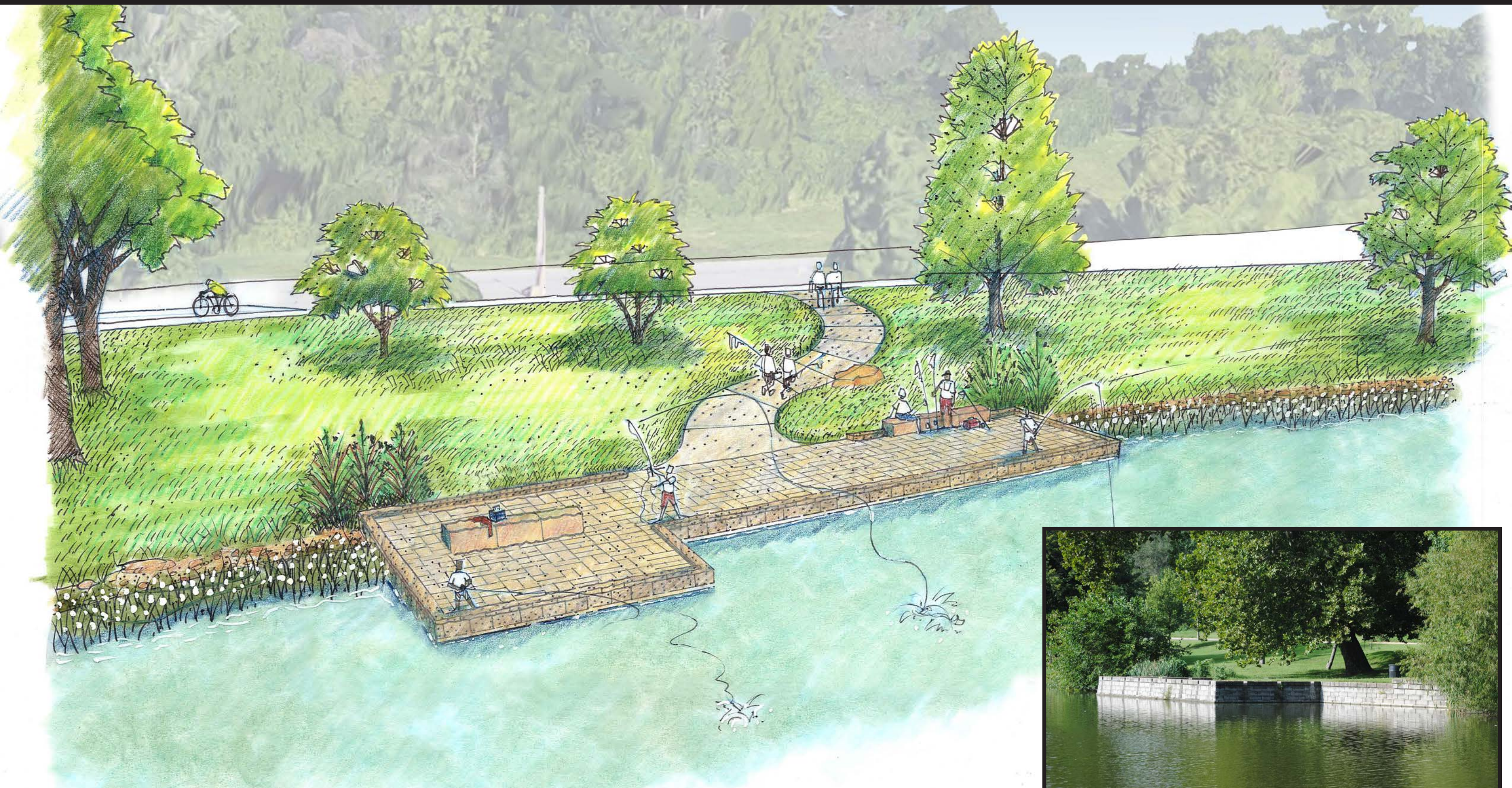


Clayton Overlook



Jefferson Lake Boardwalk

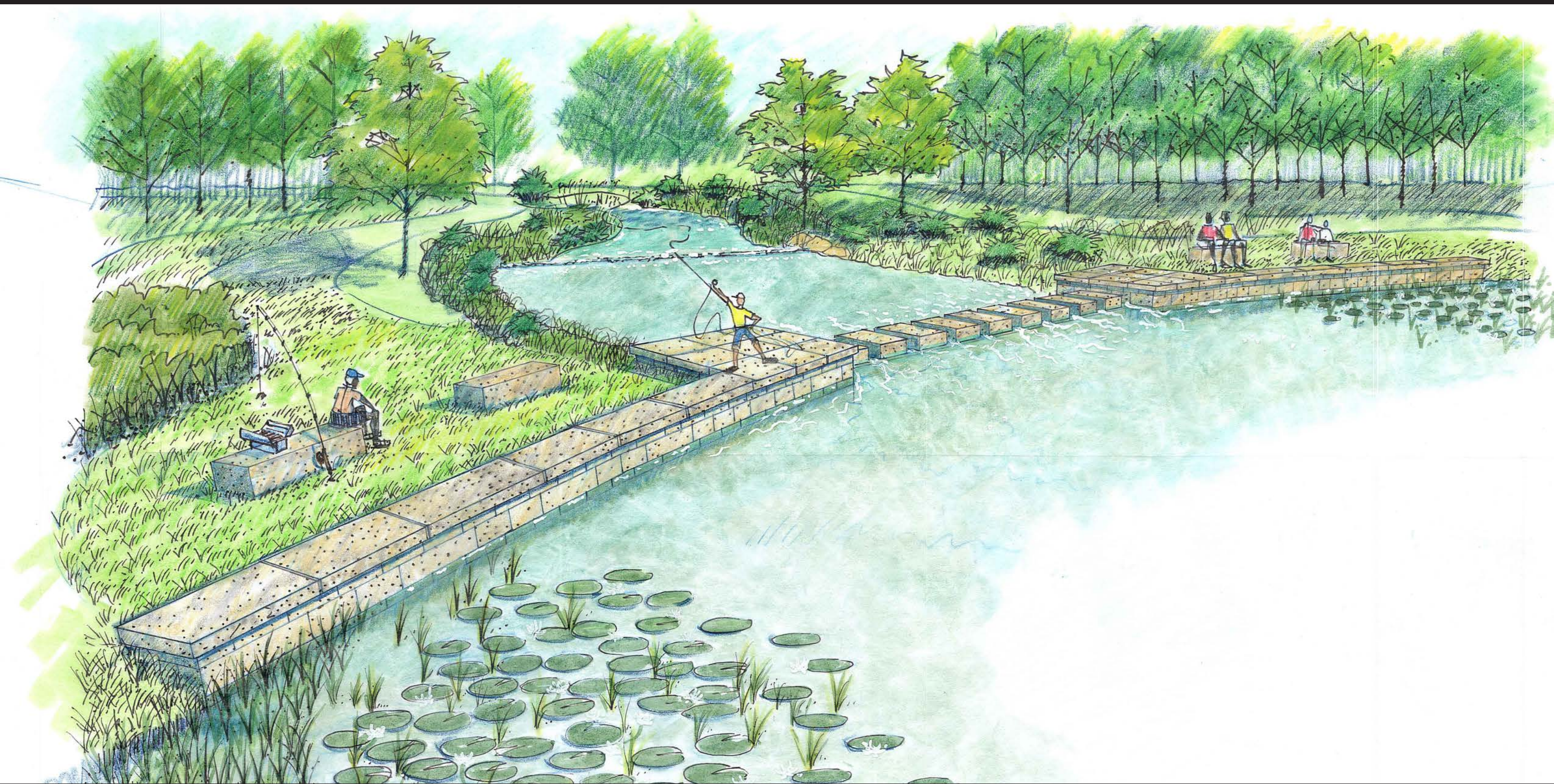




Fishing Dock



Jefferson Lake Pavilion



Jefferson Lake Weir

The Oxbow

STEINBERG SKATING RINK

FAULKNER

KEY

- 1 Weir
- 2 Heels trail
- 3 Wheels trail
- 4 Bridge
- 5 Island
- 6 Gravel bar
- 7 Sedge meadow
- 8 Meadow plantings
- 9 Cascade
- 10 Seating node
- 11 Picnic lawn
- 12 Water quality improvements
- Lighting

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The Oxbow

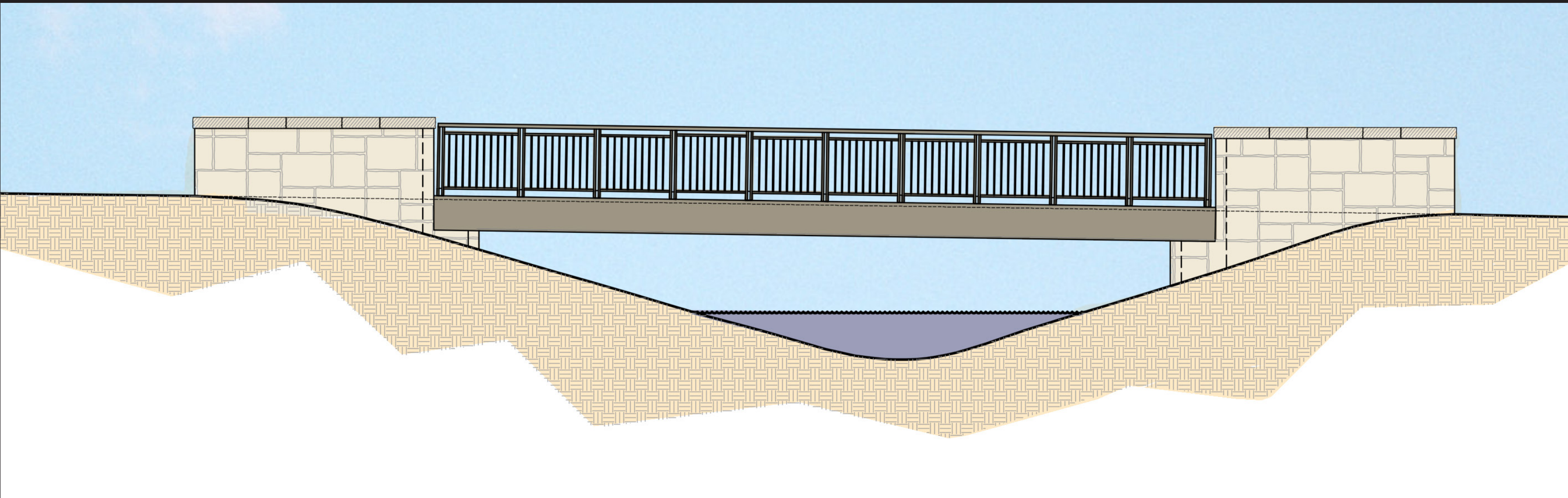
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-
- # The Oxbow
- KEY**
- 1 Weir
 - 2 Heels trail
 - 3 Wheels trail
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- Page 42

Oxbow Bridge



Proposed Railing Updates



Discussion



Forest
Park
Forever™